

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
1	Prout	Ryan	Male	MO	705	00:54:50	Chelmsford A C	00:54:50	1
2	Bloomfield	Crispian	Male	MO	597	00:55:23	Billericay Striders	00:55:23	2
3	Powell	Bertie	Male	MO	364	00:55:38	Woodford Green A C with Essex Ladies	00:55:38	3
4	Newton	Mark	Male	MO	24	00:57:00	Springfield Striders	00:56:59	4
5	Reason	Robert	Male	MO	735	00:57:50		00:57:50	5
6	Green	Will	Male	MO	262	00:58:22	Serpentine Running Club	00:58:21	6
7	Butler	David	Male	MSV	377	00:59:00	Billericay Striders	00:59:00	7
8	Chandler	Gary	Male	MV	30	00:59:09	Springfield Striders	00:59:09	8
9	Muir	Malcolm	Male	MO	173	00:59:38		00:59:37	9
10	Barker	John	Male	MV	575	00:59:46	Thrift Green Trotters	00:59:45	10
11	Bethell	Jared	Male	MO	629	00:59:55	Harlow Running Club	00:59:53	11
12	Cook	Chris	Male	MV	780	01:00:12		01:00:11	12
13	Allen	Gavin	Male	MO	310	01:00:19	Braintree & District A C	01:00:17	13
14	Burgoyne	Chris	Male	MO	550	01:00:38	Springfield Striders	01:00:36	14
15	Macdonald	Iain	Male	MO	466	01:00:45	Iford Athletic Club	01:00:43	15
16	Wilkinson	Keith	Male	MSV	21	01:01:13	Chelmsford A C	01:01:12	16
17	Wotton	Kevin	Male	MV	554	01:01:30	Barking Road Runners	01:01:29	17
18	Oakes	John	Male	MSV	676	01:01:44		01:01:43	18
19	Jones	Ben Stephen	Male	MO	375	01:01:58	Iford Athletic Club	01:01:55	19
20	Pickering	Lee	Male	MO	670	01:02:40		01:02:39	20
21	Harper	Kevin	Male	MO	504	01:02:49	Witham Running Club	01:02:48	21
22	Wright	Andrew	Male	MO	519	01:03:43		01:03:40	22
23	Crisp	Neil	Male	MV	282	01:04:09	Iford Athletic Club	01:04:06	23
24	Morris	Garth	Male	MV	156	01:04:31		01:04:30	24
25	Edwards	Mark	Male	MO	81	01:05:15		01:05:11	25
26	Pomeroy	David	Male	MO	183	01:05:29	Ware Joggers	01:05:27	26
27	Hall	Ian	Male	MO	501	01:05:38		01:05:33	27
28	Knightley	Terry	Male	MV	569	01:06:06	Iford Athletic Club	01:06:04	28
29	Staines	Martyn	Male	MO	363	01:06:22	Thurrock Harriers	01:06:20	29
30	Davy	Jonathan	Male	MSV	181	01:06:27	Felixstowe Road Runners	01:06:26	30
31	Dalton	Barry	Male	MO	10	01:06:32	Blackwater Triathlon Club	01:06:29	31
32	Fitch	Adam	Male	MV	355	01:06:33	Thrift Green Trotters	01:06:31	32
33	Kenyon-Muir	Nick	Male	MV	301	01:06:37	Ware Joggers	01:06:35	33
34	Haskey-Jones	James	Male	MV	631	01:06:39	Tiptree Road Runners	01:06:36	34
35	Mills	Rob	Male	MO	103	01:06:44	Springfield Striders	01:06:42	36
36	Smith	James	Male	MO	51	01:06:44	Gade Valley Harriers	01:06:41	35
37	Hatton	Christopher	Male	MO	220	01:06:49		01:06:46	37
38	Miles	Lloyd	Male	MV	556	01:07:19		01:07:15	38
39	Philcox	Stephen	Male	MV	527	01:07:21	Barking Road Runners	01:07:20	39
40	Purse	Christopher	Male	MSV	590	01:07:30	Springfield Striders	01:07:27	40
41	Williams	Jonathan	Male	MO	42	01:07:39	Ware Joggers	01:07:37	41
42	Bowring	Simon	Male	MO	599	01:07:44	Springfield Striders	01:07:43	42
43	Cardy	Ian	Male	MV	90	01:07:49	Springfield Striders	01:07:47	43
44	Hutton	Adam	Male	MV	191	01:07:57	Springfield Striders	01:07:53	44
45	Cooper	Melvyn	Male	MSV	222	01:08:04	Thrift Green Trotters	01:08:01	45
46	Woodruff	Michael	Male	MV	196	01:08:12		01:08:08	46
47	Jephcott	Jamie	Male	MV	410	01:08:19	Harlow Running Club	01:08:13	47
48	Kanyenda	Allan	Male	MO	380	01:08:24	Thrift Green Trotters	01:08:21	48
49	Woodland	David	Male	MV	665	01:08:39		01:08:33	49
50	Bottrill	Darren	Male	MO	491	01:08:52	Iford Athletic Club	01:08:49	50
51	Lovelock	Andrew	Male	MO	424	01:08:57	Springfield Striders	01:08:54	51
52	Mills	Kate	Female	FV	273	01:09:08	Springfield Striders	01:09:06	52
53	Byford	Jon	Male	MO	136	01:09:11	Springfield Striders	01:09:08	53
54	Halls	Fiona	Female	FV	65	01:09:16	Saffron Striders	01:09:14	54
55	Bennett	Bill	Male	MSV	694	01:09:16		01:09:14	55
56	Howard	Christine	Female	FV	455	01:09:20	Billericay Striders	01:09:16	56
57	Claydon	Phil	Male	MV	97	01:09:28		01:09:19	57
58	McCarthy	Terry	Male	MSV	73	01:09:42	Woodford Green A C with Essex	01:09:34	58
59	Roper	Nick	Male	MO	537	01:10:11		01:10:07	59
60	Tennant	John	Male	MSV	396	01:10:14	Harlow Running Club	01:10:11	60
61	Peter	David	Male	MO	706	01:10:26		01:10:25	61
62	Neugebauer	James	Male	MO	608	01:10:32	Springfield Striders	01:10:30	63
63	Windsor	Martin	Male	MV	141	01:10:37		01:10:28	62
64	Beazeley	Chris	Male	MV	373	01:10:39	Springfield Striders	01:10:33	64
65	Rawlings	Simon	Male	MV	578	01:10:41	East Essex Tri Club	01:10:37	65
66	Burns	James	Male	MV	732	01:10:57		01:10:53	66
67	Ellison	Marnie	Female	FV	368	01:11:17	Dartford Road Runners	01:11:12	67
68	McBain	Craig	Male	MO	88	01:11:23	Leigh on Sea Striders	01:11:20	68

Race		Runner			Team		Chip	
Position	Surname	Forename	Gender	Category	Number	Time	Time	Pos
69	Porter	Mark	Male	MV	311	01:11:31	01:11:25	69
70	Stokes	Wayne	Male	MV	687	01:11:33	01:11:26	70
71	Hickey	Steven	Male	MO	20	01:12:09	01:12:04	71
72	Grint	Andrew	Male	MO	393	01:12:11	01:12:06	72
73	Burns	Robert	Male	MSV	734	01:12:18	01:12:13	73
74	Croudass	Suzanne	Female	FO	358	01:12:24	01:12:21	74
75	Wallen	Tony	Male	MV	138	01:12:34	01:12:28	75
76	Burr	Stuart	Male	MV	538	01:12:40	01:12:37	76
77	Holmes	Graham	Male	MV	370	01:12:48	01:12:44	77
78	Nation	Richard	Male	MO	5	01:12:50	01:12:44	78
79	Bull	John	Male	MV	456	01:13:01	01:12:56	79
80	Adams	Steve	Male	MV	644	01:13:07	01:13:05	82
81	Dodds	Vanessa	Female	FV	595	01:13:08	01:13:03	81
82	Keeble	Mark	Male	MO	124	01:13:10	01:13:06	83
83	Jousiffe	Robert	Male	MSV	598	01:13:14	01:13:02	80
84	Johnson	Richard	Male	MO	505	01:13:25	01:13:16	84
85	Tyson	David	Male	MO	680	01:13:30	01:13:23	87
86	Dryden	Scott	Male	MV	303	01:13:32	01:13:21	85
87	Richards	Christabel	Female	FO	651	01:13:34	01:13:31	88
88	Barclay	Rodney	Male	MV	292	01:13:39	01:13:21	86
89	Verret	Imogen	Female	FO	596	01:13:41	01:13:39	89
90	Johnson	Jo	Female	FO	542	01:14:11	01:14:04	91
91	Langridge	Steven	Male	MO	280	01:14:16	01:14:01	90
92	Watson	Jacqui	Female	FV	316	01:14:19	01:14:15	93
93	Brockington	Tim	Male	MSV	459	01:14:21	01:14:16	94
94	Wallen	Brigid	Female	FSV	139	01:14:22	01:14:16	95
95	Barrowclough	Emma	Female	FO	415	01:14:29	01:14:10	92
96	Adeleke	Peter	Male	MV	700	01:14:29	01:14:23	98
97	Moody	Colin	Male	MSV	460	01:14:32	01:14:19	96
98	Vialls	Ronald	Male	MSV	341	01:14:36	01:14:33	99
99	Kern	Wayne	Male	MV	171	01:14:37	01:14:19	97
100	Joslin	Gary	Male	MV	610	01:14:43	01:14:40	101
101	Sexton	Kevin	Male	MV	313	01:14:48	01:14:35	100
102	Fuente	Fernando	Male	MSV	339	01:15:02	01:14:57	102
103	Stanley	Blair	Male	MO	450	01:15:10	01:14:58	103
104	Brown	Bradley	Male	MO	717	01:15:26	01:15:24	104
105	Hope	Alan	Male	MO	703	01:15:28	01:15:25	105
106	Partridge	Roger	Male	MV	378	01:15:47	01:15:44	106
107	Daly	William	Male	MO	716	01:16:13	01:16:07	107
108	Jardim	Maricio	Male	MO	648	01:16:21	01:16:09	108
109	Grabowski	Sarah	Female	FO	485	01:16:33	01:16:26	110
110	Barry	Paul	Male	MO	745	01:16:36	01:16:19	109
111	Underdown	Marc	Male	MO	295	01:16:39	01:16:34	111
112	Nel	Sue	Female	FV	541	01:16:42	01:16:35	112
113	Bridges	Paul	Male	MO	271	01:16:53	01:16:42	113
114	Defries	Richard	Male	MO	226	01:16:57	01:16:50	114
115	Bleck	Paul	Male	MO	253	01:17:16	01:17:07	115
116	Statham	Malcolm	Male	MV	738	01:17:17	01:17:09	117
117	Wilson	Martin	Male	MV	317	01:17:17	01:17:08	116
118	Jarvis	Kasey	Male	MO	781	01:17:27	01:17:09	118
119	Dixon	Paul	Male	MSV	16	01:17:27	01:17:10	119
120	Anstiss	Steven	Male	MV	565	01:17:28	01:17:21	120
121	Lee	Richard	Male	MV	557	01:17:28	01:17:21	121
122	Luppi	Corrado	Male	MV	413	01:17:32	01:17:27	122
123	Camacho	Carlos	Male	MSV	712	01:17:40	01:17:28	124
124	Pyle	Nicola	Female	FV	361	01:17:41	01:17:38	126
125	Ward	Paul	Male	MO	744	01:17:49	01:17:32	125
126	Baxter	Jez	Male	MV	702	01:17:53	01:17:27	123
127	Sheldon	Vicky	Female	FO	493	01:17:57	01:17:40	127
128	Daly	John	Male	MO	35	01:18:07	01:17:52	129
129	Miles	Paul	Male	MO	649	01:18:09	01:17:44	128
130	Williams	Chris	Male	MO	41	01:18:10	01:18:07	131
131	Mckenzie	Duncan	Male	MSV	673	01:18:16	01:18:05	130
132	Harrison	Laurence	Male	MV	507	01:18:29	01:18:24	136
133	Taylor	Keith	Male	MV	471	01:18:31	01:18:22	135
134	Jennsel	Peter	Male	MSV	769	01:18:31	01:18:25	137
135	Hattam	Anthony	Male	MO	285	01:18:32	01:18:20	133
136	Holmes	Corina	Female	FO	360	01:18:33	01:18:20	134

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
137	Nodder	Janet	Female	FSV	399	01:18:40	Mornington Chasers	01:18:35	138
138	Burgess	Lee	Male	MO	340	01:18:48		01:18:15	132
139	Whitehead	Nigel	Male	MV	509	01:18:51	Billericay Striders	01:18:48	140
140	Hugh	Thomas	Male	MV	650	01:18:55		01:18:47	139
141	Baker	Peter	Male	MSV	314	01:18:57	Ware Joggers	01:18:52	141
142	Stuckey	Alex	Male	MO	398	01:19:02	Witham Running Club	01:18:56	142
143	Lawrie	Andrew	Male	MO	692	01:19:03		01:18:56	143
144	Wardle	Alex	Male	MV	102	01:19:04	Woodford Green A C with Essex	01:18:56	144
145	Gollop	Paula	Female	FO	494	01:19:09	Ware Joggers	01:18:56	145
146	Bagshaw	Stephen	Male	MV	451	01:19:14		01:19:05	146
147	Banville	Elaine	Female	FV	452	01:19:18	Billericay Striders	01:19:10	149
148	King	Mark	Male	MV	133	01:19:26		01:19:08	148
149	Collins	Matthew	Male	MO	240	01:19:28		01:19:18	150
150	Tanner	Lynn	Female	FSV	279	01:19:31	Springfield Striders	01:19:28	152
151	Henderson	Anglis	Male	MO	500	01:19:35		01:19:06	147
152	Grimsey	Paul	Male	MO	201	01:19:40		01:19:27	151
153	Hilson	David	Male	MV	238	01:19:47		01:19:35	154
154	Boram	John	Male	MSV	52	01:19:50	Benfleet Running Club	01:19:38	155
155	Eley	Jill	Female	FSV	342	01:19:51	Mid Essex Casuals	01:19:38	156
156	Silverwood	Emma	Female	FO	170	01:19:51		01:19:28	153
157	Gibson	Nicholas	Male	MO	217	01:19:53		01:19:50	157
158	Burtonshaw	Jo	Female	FV	486	01:19:57	Benfleet Running Club	01:19:50	158
159	Robinson	Julie	Female	FSV	729	01:20:03		01:19:52	159
160	Knights	Dianne	Female	FSV	353	01:20:13	Witham Running Club	01:20:00	161
161	Pickering	John	Male	MSV	15	01:20:26	Ware Joggers	01:20:12	162
162	Skinner	Edward	Male	MSV	114	01:20:28	Tiptree Road Runners	01:20:19	163
163	Hedger	Paul	Male	MV	686	01:20:32		01:20:25	165
164	Barron	Hayley	Female	FV	402	01:20:35	Orion Harriers	01:20:23	164
165	Waller	Paul	Male	MV	777	01:20:37		01:19:56	160
166	Sharman	Ray	Male	MV	428	01:20:52	Braintree & District A C	01:20:43	167
167	Rudolf	Stephen	Male	MV	733	01:20:53		01:20:40	166
168	Garth	Crispian	Male	MSV	53	01:21:01	Swindon Harriers	01:20:50	168
169	Collom	Robert	Male	MSV	425	01:21:01	Bobs Runners	01:20:59	170
170	Bamford	Paul	Male	MV	426	01:21:11		01:20:54	169
171	Jobling	David	Male	MSV	400	01:21:23	Witham Running Club	01:21:15	171
172	Ellis	Stewart	Male	MO	309	01:21:32	Braintree & District A C	01:21:30	176
173	Lodge	Martin	Male	MV	454	01:21:35	Road Runners Club	01:21:27	175
174	Wheeldon	Paul	Male	MO	129	01:21:37	Springfield Striders	01:21:22	172
175	Van Tol	Martin	Male	MV	646	01:21:38		01:21:26	174
176	Potter	Malcolm	Male	MSV	392	01:21:39	Springfield Striders	01:21:24	173
177	Hazell	Wayne	Male	MV	17	01:21:39	Witham Running Club	01:21:30	177
178	Bicknell	Colin	Male	MSV	357	01:21:51		01:21:35	178
179	Wilson	Peter	Male	MO	576	01:21:58		01:21:50	182
180	Henderson	Dave	Male	MO	731	01:22:00		01:21:38	179
181	Drummand	Steven	Male	MO	681	01:22:00		01:21:55	184
182	Quinn	Richard	Male	MV	678	01:22:00		01:21:45	180
183	Wray	Shelley	Female	FV	234	01:22:00	Witham Running Club	01:21:53	183
184	Gordon	Anthony	Male	MO	111	01:22:05	Witham Running Club	01:21:49	181
185	Longstaff	Mark	Male	MO	559	01:22:11		01:22:04	188
186	Gould	Adam	Male	MO	560	01:22:11		01:22:04	189
187	Larner	Martin	Male	MV	691	01:22:16		01:22:00	187
188	Hull	Darren	Male	MO	570	01:22:21	Springfield Striders	01:22:16	193
189	Patterson	David	Male	MO	612	01:22:22		01:21:58	185
190	Clark	Shawn	Male	MO	530	01:22:24		01:21:59	186
191	Gear	Iain	Male	MO	478	01:22:27		01:22:16	194
192	White	David	Male	MO	693	01:22:28		01:22:09	190
193	Willson	Danny	Male	MO	352	01:22:28		01:22:10	191
194	Dickman	James	Male	MO	740	01:22:38		01:22:22	195
195	StPierre	James	Male	MO	376	01:22:45	Unique Results	01:22:29	196
196	Mansell	Neil	Male	MO	233	01:22:45		01:22:29	197
197	Stabler	Jack	Male	MO	409	01:22:49		01:22:15	192
198	Farrance	Roy	Male	MSV	641	01:22:53	Thrift Green Trotters	01:22:38	198
199	Bateman	Helen	Female	FV	210	01:22:56	Springfield Striders	01:22:48	199
200	Ball	Anthony	Male	MV	70	01:22:56		01:22:49	200
201	Rolerkite	Lindsay	Female	FV	12	01:23:03	Braintree & District A C	01:22:55	202
202	Piper	Alastair	Male	MV	698	01:23:03		01:22:52	201
203	Wenman	Sarah	Female	FV	110	01:23:08	Springfield Striders	01:22:58	205
204	Johnson	Ryan	Male	MV	260	01:23:11	Harlow Running Club	01:22:56	203

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
205	Wills	Stephen	Male	MV	48	01:23:11		01:22:57	204
206	Gemmill	Joanna	Female	FSV	134	01:23:15	Springfield Striders	01:23:00	207
207	Newell	Julia	Female	FO	412	01:23:16		01:22:58	206
208	Short	Colin	Male	MSV	588	01:23:19	Witham Running Club	01:23:10	211
209	Bartrip	Lee	Male	MSV	168	01:23:21		01:23:09	208
210	Gordon	Claire	Female	FV	112	01:23:25	Witham Running Club	01:23:09	209
211	Oliver	Russell	Male	MSV	160	01:23:26		01:23:09	210
212	Evans	Terri	Female	FSV	128	01:23:29		01:23:15	212
213	Beech	Steven	Male	MSV	299	01:23:32	Pitsea Running Club	01:23:25	221
214	Cooper	Steven	Male	MV	43	01:23:33		01:23:18	214
215	Linton	Ian	Male	MSV	531	01:23:33	Tiptree Road Runners	01:23:24	218
216	Ray	Steve	Male	MO	669	01:23:34		01:23:23	217
217	Wiles	David	Male	MO	343	01:23:38	Thrift Green Trotters	01:23:17	213
218	Collingwood	Ed	Male	MO	189	01:23:40	Thrift Green Trotters	01:23:19	215
219	Halls	Steve	Male	MSV	351	01:23:41		01:23:19	216
220	Dutnall	Barry	Male	MSV	149	01:23:43		01:23:24	219
221	Charles	Ross	Male	MSV	757	01:23:44		01:23:30	222
222	Aldridge	Wendy	Female	FSV	211	01:23:50	Dengie 100 Runners	01:23:34	223
223	Bright	Stephen	Male	MV	385	01:23:56	British Athletics Supporters C	01:23:24	220
224	Timbrell	Jodie	Female	FO	640	01:23:59	Thrift Green Trotters	01:23:54	225
225	Timbrell	Greg	Male	MO	639	01:24:07	Thrift Green Trotters	01:23:54	226
226	Ashton	Lauren	Female	FO	199	01:24:14	Springfield Striders	01:24:05	229
227	Sownex	Gary	Male	MV	742	01:24:15		01:23:48	224
228	Leonard	Dylan	Male	MO	224	01:24:15		01:24:04	228
229	Askew	Ryan	Male	MO	488	01:24:16	Braintree & District A C	01:24:07	230
230	McCayna	Nicholas	Male	MO	764	01:24:28		01:24:19	231
231	Chappell	Ian John	Male	MV	369	01:24:36	Pitsea Running Club	01:24:23	233
232					72	01:24:37		01:24:29	237
233	Warner	Denise	Female	FSV	108	01:24:40	Castle Point Joggers	01:24:20	232
234	Hocken	Adam	Male	MV	756	01:24:41		01:24:01	227
235	Carter	Steven	Male	MO	411	01:24:51		01:24:23	234
236	Ward	Mark	Male	MO	763	01:24:54		01:24:27	236
237	Watt	Bob	Male	MSV	200	01:25:01	Great Bentley Running Club	01:24:42	239
238	Walker	Keith	Male	MSV	274	01:25:04	Billericay Striders	01:24:26	235
239	Harrington	Ben	Male	MO	751	01:25:08		01:24:29	238
240	Garth	Jenny	Female	FSV	54	01:25:12	Swindon Harriers	01:25:01	243
241	Hopkinson	Nicola	Female	FSV	458	01:25:18	Ilford Athletic Club	01:25:10	247
242	Hudson	Kym	Female	FSV	347	01:25:23	Orion Harriers	01:25:11	248
243	Reavill	Dan	Male	MO	161	01:25:24		01:25:08	245
244	Hughes	Terry	Male	MSV	489	01:25:27		01:24:48	240
245	Mitra	Meena	Female	FV	481	01:25:34		01:25:14	249
246	Rees	Alex	Male	MO	346	01:25:35		01:24:58	241
247	Childs	Graham	Male	MSV	618	01:25:35		01:25:07	244
248	Woodland	Richard	Male	MO	465	01:25:36	Drake Hash House Harriers	01:24:59	242
249	Bartram	Colin	Male	MV	446	01:25:39		01:25:21	250
250	Slawson	Dave	Male	MO	225	01:25:40	Springfield Striders	01:25:29	251
251	Hougham	Donna	Female	FSV	696	01:25:48		01:25:31	252
252	Jones	Matthew	Male	MO	291	01:25:53		01:25:09	246
253	Page	Martin	Male	MSV	463	01:25:54	Barking Road Runners	01:25:49	254
254	Hardman	Annette	Female	FO	653	01:25:57	Ware Joggers	01:25:54	256
255	Horwill	Robert	Male	MSV	264	01:26:00		01:25:36	253
256	Blacher	Martin	Male	MV	723	01:26:10		01:25:55	257
257	Forster	Andy	Male	MV	689	01:26:24		01:25:52	255
258	Hallam	Jane	Female	FV	147	01:26:26		01:26:03	258
259	Britton	Eric	Male	MSV	625	01:26:28	Leigh on Sea Striders	01:26:24	262
260	Pardon	Janet	Female	FSV	2	01:26:29	Billericay Striders	01:26:10	260
261	Tree	Peter	Male	MSV	585	01:26:35	Thrift Green Trotters	01:26:25	263
262	Spencer	Timothy	Male	MSV	710	01:26:36		01:26:25	264
263	Townsend	Gavin	Male	MO	232	01:26:38		01:26:23	261
264	Leeds	Les	Male	MSV	674	01:26:38		01:26:29	266
265	Scott	David	Male	MV	85	01:26:53	Thrift Green Trotters	01:26:32	267
266	Quaye	Mike	Male	MV	33	01:26:58		01:26:38	268
267	Lindsay	Stephen	Male	MSV	178	01:27:01		01:26:46	270
268	Button	Jason	Male	MO	730	01:27:02		01:26:26	265
269	Gedier	Neil	Male	MO	444	01:27:02	Springfield Striders	01:26:54	274
270	Cornell	John	Male	MV	116	01:27:09		01:26:44	269
271	Butcher	Keith	Male	MO	492	01:27:10		01:26:49	271
272	Kemble	Ross	Male	MO	228	01:27:10	Thrift Green Trotters	01:26:50	272

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
273	Beckerleg	Shawn	Male	MO	659	01:27:11	Witham Running Club	01:27:02	275
274	Sibley	Trevor	Male	MV	472	01:27:13	Braintree & District A C	01:27:03	277
275	Miller	Paul	Male	MV	506	01:27:21	Braintree & District A C	01:27:13	284
276	Gillam	Sally	Female	FSV	266	01:27:22	Ilford Athletic Club	01:27:04	279
277	Murphy	Andy	Male	MV	123	01:27:23		01:27:02	276
278	Karunaratna	Benjamin	Male	MO	163	01:27:25		01:26:52	273
279	Mansfield	Robert	Male	MSV	545	01:27:26	Muddy Traxx	01:27:03	278
280	Cambridge	Chris	Male	MV	78	01:27:31	Castle Point Joggers	01:27:05	280
281	Holliday	Craig	Male	MO	203	01:27:36		01:27:25	285
282	Wastell	Keith	Male	MSV	441	01:27:43	Heartbeat	01:27:06	281
283	Gunning	Julie	Female	FSV	774	01:27:44		01:27:07	282
284	Stock	Benjamin	Male	MO	326	01:27:51	Baddow Parish Football Club	01:27:12	283
285	Sutherland	Alex	Male	MV	9	01:27:56	Mornington Chasers	01:27:37	289
286	Silk	Michael	Male	MSV	626	01:27:57		01:27:26	286
287	Spelman	Peter	Male	MSV	652	01:28:00	Ilford Athletic Club	01:27:48	290
288	Stewart	Sally	Female	FSV	523	01:28:00		01:27:30	287
289	Bowe	Mary	Female	FO	540	01:28:01		01:27:30	288
290	Fletcher	Helen	Female	FV	71	01:28:01		01:27:53	291
291	Smith	Darren	Male	MV	522	01:28:08	Witham Running Club	01:27:59	293
292	Gaines	Howard	Male	MO	143	01:28:14	Harlow Running Club	01:28:00	294
293	Wilkinson	Nick	Male	MSV	534	01:28:20		01:27:57	292
294	Cardy	Paula	Female	FV	91	01:28:33	Springfield Striders	01:28:22	297
295	Richards	Lauren	Female	FV	121	01:28:42		01:28:17	295
296	Gilbey	Ken	Male	MSV	120	01:28:44		01:28:38	301
297	Stenning	Matt	Male	MO	513	01:28:47		01:26:08	259
298	Pinnoch	Mack	Male	MV	725	01:28:47		01:28:32	299
299	Cartwright	Gordon	Male	MV	188	01:28:48		01:28:18	296
300	Petchey	Michael	Male	MSV	96	01:28:49		01:28:35	300
301	Williamson	Charlotte	Female	FV	126	01:28:59		01:28:30	298
302	Shea	Tim	Male	MV	677	01:29:03		01:28:44	302
303	Cook	Alan	Male	MV	587	01:29:17		01:29:04	304
304	Gear	Stuart	Male	MO	237	01:29:18		01:29:07	306
305	Tinworth	Ian	Male	MV	287	01:29:20	Trisport Epping	01:29:03	303
306	Watkins	Ian	Male	MSV	198	01:29:27	Springfield Striders	01:29:06	305
307	Maguire	Michael John	Male	MV	31	01:29:28		01:29:11	307
308	Holmes	Nick	Male	MSV	348	01:29:35		01:29:22	308
309	Frances Lambert	Helen	Female	FSV	34	01:29:43	Braintree & District A C	01:29:35	312
310	Roberts	Ruth	Female	FV	132	01:29:45	Phoenix Striders	01:29:28	311
311	Manne	Sarah	Female	FSV	8	01:29:45	Mornington Chasers	01:29:26	310
312	Fribbins	Michael	Male	MSV	539	01:29:50	Havering 90 Joggers	01:29:24	309
313	Readitt	Janet	Female	FV	142	01:30:01	Ware Joggers	01:29:40	313
314	Green	Daniel	Male	MO	350	01:30:14		01:30:01	317
315	Cross	Fiona	Female	FV	283	01:30:14	Springfield Striders	01:29:53	315
316	Costin	Haydn	Male	MV	248	01:30:14		01:29:50	314
317	Pennack	Philip	Male	MO	105	01:30:15		01:30:02	318
318	Miller	Simon	Male	MV	685	01:30:19		01:30:02	319
319	Dowman	Sadie	Female	FO	775	01:30:20		01:30:02	320
320	Millward	Susan	Female	FV	510	01:30:21	Ware Joggers	01:30:04	322
321	Neale	Marion	Female	FSV	759	01:30:22		01:30:02	321
322	Russell	Adrian	Male	MV	374	01:30:25	Woodford Green A C with Essex	01:29:59	316
323	Giltrane	Susan	Female	FV	475	01:30:41		01:30:24	324
324	Mumford	Sally	Female	FO	469	01:30:44		01:30:36	325
325	Bauckham	Russell	Male	MV	741	01:30:47		01:30:20	323
326	Bazley	Bernard	Male	MSV	6	01:31:12		01:30:53	328
327	Deysel	Gustav	Male	MO	749	01:31:17		01:31:01	329
328	Janes	Tim	Male	MO	219	01:31:23		01:30:48	327
329	Baxter	Sarah	Female	FO	122	01:31:27		01:31:02	330
330	Bolt	Andy	Male	MV	182	01:31:28		01:30:47	326
331	Lagnado	Ellis	Male	MV	660	01:31:29		01:31:16	335
332	Harrington	John	Male	MV	663	01:31:31		01:31:14	333
333	Childs	Jonathan	Male	MO	655	01:31:33		01:31:05	332
334	Childs	Louise	Female	FO	656	01:31:33		01:31:04	331
335	Cooke	Richard	Male	MO	99	01:31:40		01:31:19	336
336	Gillard	Sarah	Female	FSV	406	01:31:41	The Running Sisterhood	01:31:15	334
337	Miles	Albert	Male	MSV	502	01:31:41	Castle Point Joggers	01:31:19	337
338	Spring	Michelle	Female	FV	359	01:31:50	The Running Sisterhood	01:31:24	340
339	Wilby	Michael	Male	MSV	719	01:31:53		01:31:22	339
340	Lafosse	Stephane	Female	FSV	666	01:31:53		01:31:29	342

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
341	Neighbour	Mark	Male	MO	664	01:31:55		01:31:21	338
342	Dowsey	Ben	Male	MO	416	01:32:00		01:31:27	341
343	Waters	Patrick	Male	MSV	239	01:32:06	Castle Point Joggers	01:31:43	344
344	Bonal	Parmjit	Female	FV	724	01:32:08		01:31:31	343
345	Bent	Angela	Female	FSV	645	01:32:13	Pitsea Running Club	01:31:54	346
346	Townsend	Lara	Female	FV	215	01:32:14	Great Bentley Running Club	01:31:55	348
347	Sharland	David	Male	MSV	333	01:32:14		01:32:02	351
348	Childs	Peter	Male	MV	568	01:32:16		01:31:55	349
349	Spring	Wendy	Female	FV	620	01:32:16	Harlow Running Club	01:31:54	347
350	Wood	John	Male	MSV	715	01:32:16		01:32:08	352
351	Burnett	Donna	Female	FV	668	01:32:19		01:31:49	345
352	Dunn	Niell	Male	MV	779	01:32:25		01:31:59	350
353	Paget	Kevin	Male	MV	44	01:32:27	Ware Joggers	01:32:22	353
354	Jones	Pam	Female	FSV	483	01:32:37	Ilford Athletic Club	01:32:24	354
355	Jones	Graham	Male	MSV	583	01:32:41	Castle Point Joggers	01:32:27	355
356	Williamson	Andrew	Male	MV	127	01:32:58		01:32:29	356
357	Markwell	Oliver	Male	MO	746	01:33:12		01:32:36	357
358	Perrett	Steve	Male	MV	474	01:33:20		01:32:57	359
359	Sykes	Elaine	Female	FV	294	01:33:21		01:32:46	358
360	Cooke	John	Male	MV	11	01:33:23	Colchester Harriers A C	01:33:07	360
361	Sandford	Richard	Male	MV	617	01:33:24	Braintree & District A C	01:33:08	362
362	Mceachern	John	Male	MV	634	01:33:28	Springfield Striders	01:33:07	361
363	Casey	Hannah	Female	FO	512	01:33:40	Springfield Striders	01:33:18	363
364	Tatham	Jo	Female	FSV	728	01:33:57		01:33:29	364
365	Macqueen	Andrea	Female	FSV	727	01:33:57		01:33:29	365
366	Fromow	Natalie	Female	FV	499	01:34:03		01:33:36	366
367	Bromboszcz	Tracie	Female	FO	167	01:34:04		01:33:45	370
368	Payne	David	Male	MSV	672	01:34:05		01:33:45	371
369	Sullivan	Donna	Female	FV	528	01:34:06		01:33:41	368
370	Venables	Karen	Female	FO	430	01:34:11	Al's Babes	01:33:36	367
371	Dale	Samantha	Female	FO	302	01:34:14		01:33:42	369
372	Daniels	John	Male	MSV	63	01:34:15		01:33:57	373
373	Travis	Chris	Male	MV	308	01:34:21		01:33:57	374
374	Kendrick	Alastair	Male	MSV	387	01:34:24	Castle Point Joggers	01:34:11	377
375	Danson	Paul	Male	MV	508	01:34:26		01:33:47	372
376	Baker	Bruce	Male	MSV	592	01:34:27	Bobs Runners	01:34:12	379
377	Moir	Karen	Female	FSV	95	01:34:34	Harlow Running Club	01:34:11	378
378	Spencer-Perkins	Dennis	Male	MSV	567	01:34:40	Barking Road Runners	01:34:09	375
379	Coleman	Sharon	Female	FV	524	01:34:43		01:34:27	380
380	Goodall	Kenneth	Male	MV	212	01:34:46		01:34:35	382
381	Smith	Will	Male	MO	604	01:34:46		01:34:42	383
382	Harrod	Jonathan	Male	MO	737	01:34:48		01:34:10	376
383	Butler	Gail	Female	FSV	118	01:34:56		01:34:33	381
384	Tankard	Antony	Male	MV	403	01:35:15		01:34:51	386
385	Courtier	Robert	Male	MSV	628	01:35:19	Barking Road Runners	01:34:51	387
386	Wivell	Sandra	Female	FSV	496	01:35:24		01:34:58	388
387	Porter	Richard	Male	MO	642	01:35:25	Bobs Runners	01:34:49	384
388	Gibbs	Geoff	Male	MSV	154	01:35:26		01:35:00	389
389	Archer	Keith	Male	MV	591	01:35:26	Bobs Runners	01:34:50	385
390	Ketley	David	Male	MV	718	01:35:30		01:35:04	390
391	Thorogood	Keith	Male	MSV	40	01:35:32	Halstead Road Runners	01:35:12	394
392	Mollinghoff	Amelie	Female	FO	277	01:35:40	Springfield Striders	01:35:19	396
393	Smith	Kathryn	Female	FSV	558	01:35:42		01:35:11	392
394	Godfrey	David	Male	MSV	66	01:35:43	Billericay Striders	01:35:11	393
395	Westley	Jacky	Female	FV	690	01:35:44		01:35:08	391
396	Snook	Sharon	Female	FSV	281	01:35:45	Thrift Green Trotters	01:35:22	397
397	Redburn	Denise	Female	FV	624	01:35:48	Leigh on Sea Striders	01:35:16	395
398	Tyrer	Tracey	Female	FV	638	01:35:48	Tiptree Road Runners	01:35:22	398
399	Gomer	Anee	Female	FSV	637	01:35:48	Tiptree Road Runners	01:35:22	399
400	Smith	Esra	Female	FV	76	01:35:52		01:35:41	402
401	Hoskyn	John	Male	MSV	480	01:36:01	Springfield Striders	01:35:41	403
402	Harmer	Karen	Female	FV	462	01:36:05		01:35:48	406
403	Corby	Colin	Male	MSV	37	01:36:09	Blackwater Triathlon Club	01:35:42	404
404	Charneln	Bethan	Female	FO	755	01:36:09		01:35:35	400
405	Johnson	Robert	Male	MV	304	01:36:11		01:35:45	405
406	Woollett	Samantha Jayne	Female	FV	381	01:36:18	The Running Sisterhood	01:35:52	408
407	Burton	Joanna	Female	FO	436	01:36:20		01:35:40	401
408	Irvine	Liz	Female	FO	119	01:36:20	Springfield Striders	01:35:56	410

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
409	Briffaut	Hannah	Female	FO	487	01:36:23	Benfleet Running Club	01:35:53	409
410	Ahdhi	Gurdeep	Male	MO	647	01:36:30		01:36:18	412
411	Humpheries	Frances	Female	FSV	721	01:36:33		01:35:51	407
412	Birkait	Steve	Male	MV	752	01:36:36		01:36:13	411
413	Selby	Julie	Female	FSV	68	01:36:51	Harlow Running Club	01:36:29	414
414	Kennedy	Martin	Male	MV	169	01:36:51		01:36:31	417
415	Defries	Julie	Female	FV	227	01:36:57		01:36:30	415
416	Hulbert	Celine	Female	FO	151	01:36:57		01:36:30	416
417	Bryan	Matthew	Male	MV	261	01:37:01		01:36:31	418
418	Belcher	Paul	Male	MV	159	01:37:03		01:36:28	413
419	Becken	Roy	Male	MSV	354	01:37:03	Bobs Runners	01:36:45	419
420	Hudson	Phil	Male	MSV	305	01:37:12	Ware Joggers	01:37:06	422
421	Tyson	Adrian	Male	MV	405	01:37:22		01:36:57	421
422	Wijayatilake	Lilani	Female	FSV	382	01:37:23	Barking Road Runners	01:36:49	420
423	Rockcliffe	Richard	Male	MSV	318	01:37:30		01:37:12	423
424	Ridgwell	Luke	Male	MO	401	01:37:48	Baddow Parish Football Club	01:37:17	424
425	Mackenzie	Neil	Male	MO	695	01:37:49		01:37:21	426
426	Drake	Carol	Female	FSV	594	01:37:50	Leigh on Sea Striders	01:37:18	425
427	Davidson	Julie	Female	FV	765	01:37:55		01:37:28	427
428	Johnson	Robert	Male	MV	762	01:37:57		01:37:42	429
429	Reddish	Morgan	Male	MV	482	01:37:57	Benfleet Running Club	01:37:46	431
430	Gillmore	Ricky	Male	MV	623	01:37:57	Benfleet Running club	01:37:43	430
431	Mears	Julie	Female	FSV	257	01:38:00	Springfield Striders	01:37:39	428
432	Fraser	Julie	Female	FSV	115	01:38:11		01:37:49	433
433	Tinson	Jo-Ann	Female	FV	258	01:38:12	Springfield Striders	01:37:52	434
434	Radcliffe	Nigel	Male	MSV	555	01:38:26		01:37:47	432
435	Elliott	Gary	Male	MSV	185	01:38:27		01:38:09	435
436	Perry	Steve	Male	MSV	622	01:38:34	Springfield Striders	01:38:15	436
437	Beckerleg	David	Male	MSV	661	01:38:43	Witham Running Club	01:38:34	440
438	Chapman	Karen	Female	FO	709	01:38:52		01:38:28	437
439	Callaghan	Nicole	Female	FV	50	01:38:53	Springfield Striders	01:38:33	439
440	Tinham	Andrew	Male	MV	395	01:39:00		01:38:57	446
441	Guy	Joanna	Female	FV	614	01:39:06		01:38:36	441
442	Pellicci	Hannah	Female	FO	613	01:39:06		01:38:36	442
443	Brown	Adam	Male	MO	753	01:39:11		01:38:32	438
444	Miller	Stuart	Male	MO	772	01:39:17		01:38:52	444
445	Bannister	Sharon	Female	FV	18	01:39:18	Springfield Striders	01:38:58	448
446	Flynn	Patrick	Male	MSV	760	01:39:21		01:38:45	443
447	Ingle	Sanjiv	Male	MV	197	01:39:28	Thrift Green Trotters	01:39:00	449
448	Manlove	Lorraine	Female	FSV	307	01:39:29		01:38:56	445
449	Manlove	Richard	Male	MSV	306	01:39:30		01:38:57	447
450	Furnival	Oliver	Male	MO	739	01:39:42		01:39:14	452
451	Groves	Vicki	Female	FV	177	01:39:42	Barking Road Runners	01:39:13	451
452	McLaren	Susannah	Female	FSV	445	01:39:44	Barking Road Runners	01:39:15	453
453	Crace	Patrick	Male	MSV	39	01:39:51		01:39:12	450
454	Lovejoy	James	Male	MO	800	01:39:53		01:39:34	457
455	Potter	Christopher	Male	MV	275	01:39:54	Bedford Harriers	01:39:26	454
456	Pyke	Linda	Female	FV	298	01:39:58	Pitsea Running Club	01:39:51	461
457	Scourfield	Kathryn	Female	FV	104	01:39:58	Billericay Striders	01:39:27	455
458	Gibson	Tim	Male	MO	553	01:40:02		01:39:29	456
459	Strutt	Claire	Female	FV	330	01:40:04		01:39:38	459
460	Hammond	Louise	Female	FO	214	01:40:12	Billericay Striders	01:39:41	460
461	Williams	Rita	Female	FSV	223	01:40:12	Ware Joggers	01:39:34	458
462	Shiels	Rebecca	Female	FO	671	01:40:16		01:40:00	463
463	Pain	Ruth	Female	FV	470	01:40:18	Witham Running Club	01:40:09	468
464	Porter	Karen	Female	FSV	179	01:40:24	Thrift Green Trotters	01:40:01	464
465	Adams	Simone	Female	FO	349	01:40:25	Springfield Striders	01:40:05	467
466	Wastnage	Hugo	Male	MO	180	01:40:33		01:40:22	471
467	Kinder	Toby	Male	MV	383	01:40:37	Barking Road Runners	01:40:04	466
468	Mills	Kevin	Male	MSV	476	01:40:41		01:39:59	462
469	Cambridge	Kate	Female	FSV	79	01:40:43	Castle Point Joggers	01:40:18	470
470	Wade	Stephen	Male	MV	323	01:40:45		01:40:03	465
471	Crouchman	James	Male	MV	150	01:40:47		01:40:17	469
472	Cottrell	Michael	Male	MV	536	01:41:00	Billericay Striders	01:40:46	473
473	Dobson	Daniel	Male	MO	609	01:41:05		01:40:27	472
474	Gear	Bob	Male	MSV	477	01:41:09	Springfield Striders	01:40:51	475
475	Sharman	Susan	Female	FSV	429	01:41:13	Braintree & District A C	01:41:04	478
476	Bellamy	Kevin	Male	MSV	616	01:41:21	Galleywood Infants School	01:40:51	476

Race		Runner			Team		Chip	
Position	Surname	Forename	Gender	Category	Number	Time	Time	Pos
477	McAllister	Wendy	Female	FV	293	01:41:22	01:40:48	474
478	Sebborn	Rachel	Female	FO	157	01:41:28	01:41:05	479
479	Costin	Helen	Female	FV	100	01:41:29	01:41:06	480
480	Frith	Andy	Male	MV	77	01:41:33	01:41:18	481
481	Saward	Ian	Male	MV	438	01:41:35	01:41:03	477
482	Mercer	Thelma	Female	FSV	28	01:41:52	01:41:22	483
483	Walker	Bryan	Male	MV	667	01:41:58	01:41:33	485
484	Eldred	Mark	Male	MV	74	01:42:00	01:41:19	482
485	Milchem	Jennifer	Female	FSV	548	01:42:00	01:41:27	484
486	Kott	Doris	Female	FSV	770	01:42:06	01:41:34	486
487	Fletcher	Martin	Male	MO	564	01:42:12	01:41:51	488
488	Homer	Laura	Female	FO	263	01:42:21	01:41:51	489
489	Rielly	Angela	Female	FO	720	01:42:24	01:41:50	487
490	Spencer	Ann	Female	FSV	711	01:42:27	01:42:15	495
491	Dowset	Lee	Male	MO	682	01:42:33	01:42:10	494
492	Bentley	Emma	Female	FO	748	01:42:34	01:41:58	490
493	Briffaut	Stephane	Male	MV	484	01:42:36	01:42:06	491
494	Lawson	Stephen	Male	MSV	101	01:42:38	01:42:06	492
495	Nichols	Terry	Male	MSV	514	01:42:39	01:42:15	496
496	Nichols	Claire	Female	FV	497	01:42:39	01:42:15	497
497	Sinclair	Isla	Female	FO	736	01:42:41	01:42:35	502
498	Stone	Peter	Male	MO	371	01:42:44	01:42:08	493
499	Ball	Michiael William	Male	MSV	683	01:42:47	01:42:15	498
500	Mason	Martin	Male	MO	708	01:42:58	01:42:30	501
501	Hardy	Mark	Male	MV	776	01:42:59	01:42:17	499
502	Goldsmith	Gary	Male	MV	503	01:42:59	01:42:19	500
503	Crowley	Barbara	Female	FSV	204	01:43:02	01:42:39	504
504	Bull	Alison	Female	FV	457	01:43:04	01:42:41	505
505	Jardine	Sandie	Female	FSV	106	01:43:05	01:42:35	503
506	Fox	Steve	Male	MO	688	01:43:05	01:42:48	506
507	Brockington	Matthew	Male	MV	322	01:43:14	01:43:00	507
508	Casey	Jason	Male	MV	320	01:43:20	01:43:04	509
509	Clissold	Bill	Male	MSV	249	01:43:28	01:43:04	510
510	Gibson	Lee	Male	MO	704	01:43:38	01:43:01	508
511	McHugh	Lara	Female	FO	296	01:43:39	01:43:06	511
512	Spencer	Sally	Female	FV	278	01:43:39	01:43:07	512
513	Dilley	Paul	Male	MV	184	01:43:39	01:43:25	515
514	Moohan	Michael	Male	MSV	633	01:43:45	01:43:13	513
515	Schmidt	Vicci	Female	FV	773	01:43:46	01:43:21	514
516	Lamb	Marney	Female	FO	414	01:43:46	01:43:25	516
517	Foster	Gavin	Male	MV	662	01:43:54	01:43:40	521
518	Ford	John	Male	MO	345	01:44:00	01:43:46	522
519	Webber	Sarah	Female	FV	328	01:44:02	01:43:26	517
520	Jones	Helen	Female	FSV	49	01:44:04	01:43:28	518
521	Mudd	Jacki	Female	FV	187	01:44:07	01:43:46	523
522	White	Laura	Female	FO	206	01:44:09	01:43:31	519
523	Robinson	Alan	Male	MSV	207	01:44:09	01:43:32	520
524	Moores	Elvin	Male	MO	529	01:44:29	01:44:00	524
525	Johnston	Robert	Male	MO	109	01:44:29	01:44:00	525
526	Probert	Paul	Male	MO	573	01:44:30	01:44:04	526
527	Wiggs	Richard	Male	MV	144	01:44:43	01:44:10	527
528	Kan	Thomas	Male	MO	290	01:45:06	01:44:23	528
529	Eldred	Abigail	Female	FV	75	01:45:23	01:44:40	529
530	Spensley	Martin	Male	MSV	27	01:45:23	01:44:49	530
531	Marshall	Rebecca	Female	FO	221	01:45:25	01:44:54	532
532	Hawkins	Linda	Female	FSV	23	01:45:29	01:44:51	531
533	Bowden	Joanne	Female	FSV	56	01:45:31	01:45:14	534
534	Boyden	Mark	Male	MV	98	01:45:33	01:45:08	533
535	Risdon	Alan	Male	MO	448	01:45:42	01:45:29	539
536	Patel	Vipin	Male	MO	525	01:45:46	01:45:30	540
537	Pearce	Mark	Male	MV	562	01:45:48	01:45:14	535
538	Bayfield-Hill	Kevin	Male	MSV	552	01:45:52	01:45:18	536
539	Muir	Carol	Female	FV	174	01:45:53	01:45:21	537
540	Maslen	Nicola	Female	FV	117	01:45:53	01:45:24	538
541	Sutherland	Christine	Female	FSV	338	01:46:00	01:45:34	542
542	Smith	Donna	Female	FV	468	01:46:05	01:45:41	543
543	Abbott	Huw	Male	MV	467	01:46:06	01:45:41	544
544	Dewen	Susan	Female	FSV	26	01:46:11	01:45:33	541

Race		Runner			Team			Chip	
Position	Surname	Forename	Gender	Category	Number	Time		Time	Pos
545	Cayford	Robb	Male	MO	619	01:46:27		01:45:57	545
546	Hopkins	Gillian	Female	FSV	334	01:46:39	Orion Harriers	01:46:12	548
547	Murray	Chrissy	Female	FO	300	01:46:39		01:46:04	546
548	Hargrave	Caroline	Female	FO	684	01:46:40		01:46:06	547
549	Stanton	Sandra	Female	FV	312	01:46:42	Springfield Striders	01:46:22	550
550	Bowyer	Joanne	Female	FV	331	01:46:45		01:46:14	549
551	Saward	Joanne	Female	FV	437	01:47:02		01:46:31	551
552	Jones	Roy	Male	MSV	241	01:47:11	Castle Point Joggers	01:46:49	553
553	White	Danny	Male	MO	580	01:47:19	Barking Road Runners	01:46:38	552
554	Love	Chris	Male	MSV	726	01:47:49		01:47:37	559
555	McDonnell	Barbara	Female	FSV	252	01:47:49	Havering 90 Joggers	01:47:17	554
556	Passfield	Diane	Female	FV	526	01:47:49	The Running Sisterhood	01:47:23	556
557	Burnell	Iona	Female	FV	461	01:48:00		01:47:20	555
558	Jenkins	James	Male	MSV	490	01:48:03		01:47:24	557
559	Beer	Simon	Male	MO	607	01:48:05		01:47:50	562
560	Nice	Danny	Male	MO	606	01:48:05		01:47:51	563
561	Goodall	Glynis	Female	FSV	449	01:48:10		01:47:29	558
562	Cardwell	Emma	Female	FO	84	01:48:12	Phoenix Striders	01:47:42	560
563	Goodwin	Sarah	Female	FSV	19	01:48:18	Witham Running Club	01:47:52	564
564	Edwards	Jacqueline	Female	FO	80	01:48:18	Springfield Striders	01:47:58	565
565	Cornelius	Neil	Male	MO	549	01:48:24		01:47:48	561
566	Watson	Linda	Female	FV	422	01:48:35	Bedford Harriers	01:48:06	567
567	Watson	Richard	Male	MV	423	01:48:36	Bedford Harriers	01:48:09	568
568	Dunphy	Pat	Female	FSV	379	01:48:42		01:48:01	566
569	Casey	Nicola	Female	FV	321	01:48:50		01:48:34	576
570	Bartram	Alison	Female	FV	447	01:48:52		01:48:29	573
571	Pell	Sue	Female	FSV	453	01:48:57		01:48:23	570
572	Holmes	Stephen	Male	MO	699	01:48:58		01:48:27	571
573	Smith	Justina	Female	FO	464	01:49:02		01:48:27	572
574	Adlem Probert	Caroline	Female	FV	571	01:49:03		01:48:22	569
575	Gilbey	Abbie-Jane	Female	FO	336	01:49:05		01:48:33	574
576	Murphy	Gavin	Male	MO	611	01:49:06		01:48:33	575
577	Boxall	Dale	Male	MV	766	01:49:10		01:49:05	578
578	Boxall	Charlotte	Female	FV	767	01:49:11		01:49:05	579
579	Symonds	Rachel	Female	FO	175	01:49:26	Ware Joggers	01:49:01	577
580	Patrick	Noel	Male	MV	535	01:49:35	Springfield Striders	01:49:09	580
581	Rivers	Lynn	Female	FSV	417	01:49:42	Leigh on Sea Striders	01:49:09	581
582	Martin	Steve	Male	MV	407	01:49:54		01:49:17	582
583	Titchard	Jack	Male	MO	605	01:49:56		01:49:34	586
584	Pemberton	Sherrie	Female	FO	337	01:50:02	The Running Sisterhood	01:49:28	584
585	Pemberton	Donna	Female	FV	335	01:50:02	The Running Sisterhood	01:49:29	585
586	Howgill	Anthony	Male	MO	289	01:50:08		01:49:26	583
587	Tinham	Graeme	Male	MO	566	01:50:14		01:50:10	591
588	Parker	Samuel	Male	MO	544	01:50:15		01:50:11	592
589	Tyson	Ricky	Male	MV	404	01:50:24		01:49:59	588
590	Cotterill	Dawn	Female	FV	125	01:50:32	The Running Sisterhood	01:49:50	587
591	Armstrong	Sue	Female	FSV	130	01:50:38	Springfield Striders	01:50:03	589
592	Sach	Tracy	Female	FSV	603	01:50:39	The Running Sisterhood	01:50:05	590
593	Collin	Ruth	Female	FV	654	01:50:50		01:50:14	593
594	Newsome	David	Male	MV	272	01:50:58		01:50:34	594
595	Hacker Hughes	Jamie	Male	MSV	532	01:51:26	International Medical Mental H	01:50:42	595
596	Ball	Michelle	Female	FV	344	01:51:26	Thrift Green Trotters	01:51:04	597
597	Shepherd	Bradley	Male	MO	771	01:51:39		01:51:02	596
598	Bowyer	Ian	Male	MO	255	01:51:42		01:51:10	598
599	Cross	Leonard	Male	MO	208	01:51:51		01:51:16	599
600	Cross	Carol	Female	FV	209	01:51:51		01:51:17	600
601	Sommerlad	Michael	Male	MSV	254	01:51:55	Great Bentley Running Club	01:51:35	602
602	Clark	Gemma	Female	FO	714	01:52:00		01:51:28	601
603	Gilmour	Melissa	Female	FV	57	01:52:10		01:51:35	603
604	King	Sue	Female	FSV	216	01:52:16	Unique Results	01:51:43	604
605	Galloway	Fiona	Female	FV	82	01:52:25		01:51:54	605
606	Goldsmith	Jack	Male	MO	707	01:52:38		01:51:59	606
607	Coulson	Myles	Male	MO	632	01:53:04		01:52:30	607
608	Thurgood	Victoria	Female	FV	235	01:53:04		01:52:31	608
609	Fance	Thomas	Male	MO	325	01:53:11	Baddow Parish Football Club	01:52:40	609
610	Robinson	Ian	Male	MV	601	01:53:14	53-12	01:52:50	610
611	Collier	L A	Male	MSV	713	01:54:12		01:53:45	612
612	Wade	Paul	Male	MO	324	01:54:12		01:53:31	611

Race		Runner			Team		Chip	
Position	Surname	Forename	Gender	Category	Number	Time	Time	Pos
613	Hill	Debra	Female	FV	166	01:54:16	01:53:48	613
614	Thompson	Victoria	Female	FV	145	01:54:17	01:53:49	614
615	Bridge	Donald	Male	MSV	701	01:54:43	01:54:15	615
616	O'Sullivan	Helen	Female	FSV	582	01:54:57	01:54:44	616
617	O'Sullivan	Sean	Male	MSV	581	01:54:57	01:54:44	617
618	Leung	Tina	Female	FSV	259	01:55:07	01:54:44	618
619	Howard	Sarah	Female	FV	229	01:55:41	01:55:02	620
620	Emtage	Andrew	Male	MSV	268	01:55:42	01:54:59	619
621	Allen	Michelle	Female	FO	89	01:56:25	01:55:57	621
622	Peacock	Sarah	Female	FO	284	01:56:46	01:56:12	622
623	Gilhe	Sheila	Female	FSV	675	01:57:32	01:56:49	623
624	Ash	Richard	Male	MV	176	01:57:40	01:56:59	624
625	Reeman	Grace	Female	FO	697	01:57:58	01:57:28	625
626	Barley	Allan	Male	MSV	999	01:58:13	01:57:28	626
627	Parsons	Alan	Male	MSV	593	01:58:17	01:58:02	627
628	Spurr	Isabelle	Female	FSV	250	01:59:20	01:58:45	628
629	Buckley	Julie	Female	FV	636	01:59:21	01:59:04	629
630	Collins	Kate	Female	FO	140	01:59:58	01:59:19	630
631	Franklin	Gordon	Male	MSV	244	02:00:04	01:59:24	631
632	Wade	Tony	Male	MV	533	02:00:55	02:00:13	632
633	Murray	Tina	Female	FV	547	02:01:13	02:00:34	633
634	George	Tracey	Female	FSV	269	02:01:13	02:00:35	634
635	Fowler	Simon	Male	MO	408	02:01:57	02:01:22	635
636	Murgatroyd	Duncan	Male	MO	750	02:03:44	02:03:08	636
637	Burke	Cathy	Female	FSV	515	02:05:46	02:05:09	637
638	Stringer	Val	Female	FSV	61	02:06:06	02:05:28	638
639	Stringer	Roy	Male	MSV	60	02:06:19	02:05:40	639
640	Howell	Andy	Male	MV	433	02:07:09	02:06:31	640
641	Burton	Glenn	Male	MV	213	02:07:13	02:06:47	641
642	Ireland	Jennifer	Female	FO	431	02:08:19	02:07:44	642
643	Burke	Martin	Male	MSV	516	02:08:28	02:07:51	643
644	Drake	Heather	Female	FSV	242	02:12:14	02:11:58	644
645	Bliss	Tracy	Female	FV	551	02:13:43	02:13:12	645
646	Vincent	Jaynie	Female	FV	517	02:25:58	02:25:22	646
647	Dunnico	Clive	Male	MSV	243	02:33:18	02:32:33	647
648	Cope	Linda	Female	FSV	754	02:40:01	02:39:36	648