

Race		Runner							Chip Time	Chip Pos
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team			
1	Molyneux	Paul	Male	MO	240	00:53:42	Springfield Striders	00:52:22	1	
2	Newton	Mark	Male	MO	84	00:56:48	Springfield Striders	00:55:15	2	
3	Butler	David	Male	MSV	421	00:57:45	Billericay Striders	00:57:44	3	
4	Pickering	Lee	Male	MO	91	00:58:27	Chelmsford A C	00:58:26	6	
5	Allen	Gavin	Male	MO	56	00:59:23	Braintree & District A C	00:59:23	8	
6	Martin	Lee	Male	MO	274	00:59:34	Springfield Striders	00:58:01	4	
7	Waine	Mark	Male	MV	491	00:59:44	Springfield Striders	00:58:08	5	
8	Anderson	Paul	Male	MO	136	01:00:04	Springfield Striders	00:58:30	7	
9	Cox	Dave	Male	MSV	719	01:00:39	Woodford Green A C WEL	01:00:38	10	
10	James Knight	Iain	Male	MO	574	01:01:06	Iford A C	01:01:05	12	
11	Smith	James	Male	MO	257	01:01:20	Springfield Striders	01:01:18	13	
12	Newell	Kevin	Male	MO	567	01:01:46	Iford A C	01:00:05	9	
13	Philcox	Stephen	Male	MV	428	01:02:21	Barking Road Runners	01:02:20	14	
14	Chapman	Alan	Male	MO	50	01:02:35	Springfield Striders	01:00:54	11	
15	Jopson	Andrew	Male	MO	740	01:02:43	Blackwater Tri Club	01:02:41	15	
16	Johnson	David	Male	MO	720	01:03:01	Thurrock Harriers	01:02:59	16	
17	Wright	Andrew	Male	MV	360	01:03:02	Springfield Striders	01:03:01	17	
18	Cooper	Phillip	Male	MV	565	01:03:12	Thrift Green Trotters	01:03:10	18	
19	Prestney	Stuart	Male	MO	172	01:03:27	Braintree & District A C	01:03:26	20	
20	Roberts	James	Male	MO	575	01:03:58	Iford A C	01:03:56	21	
21	Bedi	Mansit	Male	MV	617	01:04:03	East London Runners	01:04:01	22	
22	Wood	David	Male	MV	382	01:04:19		01:04:16	24	
23	Sharp	Russell	Male	MO	261	01:04:19	Great Bentley Running Club	01:04:14	23	
24	Cardy	Ian	Male	MV	107	01:04:23	Springfield Striders	01:04:22	26	
25	Woodruff	Michael	Male	MV	569	01:04:24		01:04:20	25	
26	Appleton	Deborah	Female	FV	636	01:04:30	Havering Mayesbrook	01:04:26	28	
27	Nigh	Sammo	Male	MO	210	01:04:32		01:04:30	29	
28	Hutton	Adam	Male	MV	17	01:04:42	Springfield Striders	01:04:42	30	
29	Dryden	Scott	Male	MV	319	01:04:45		01:04:42	31	
30	Howells	Gareth	Male	MO	342	01:04:48	Springfield Striders	01:04:45	32	
31	Putt	Stuart	Male	MO	400	01:04:50	Springfield Striders	01:03:15	19	
32	Swan	Kurtis	Male	MO	514	01:04:53	Billericay Striders	01:04:52	34	
33	Fox	Russell	Male	MO	48	01:04:54	Russell the Champ Fox is a God	01:04:46	33	
34	Pickering	Shaun	Male	MO	775	01:04:56		01:04:53	35	
35	Dalton	Barry	Male	MO	117	01:05:13	Blackwater Tri Club	01:05:13	36	
36	Bonham	Richard	Male	MV	598	01:05:26	Castle Point Joggers	01:05:24	37	
37	Valbonesi	Michael	Male	MSV	322	01:05:30		01:05:26	38	
38	Cooper	Melvyn	Male	MSV	429	01:05:34	Thrift Green Trotters	01:05:32	40	
39	Grint	Andy	Male	MV	215	01:05:40		01:05:33	41	
40	Windsor	Martin	Male	MV	249	01:05:41		01:05:37	42	
41	Balaam	Tom	Male	MO	772	01:05:51		01:05:49	44	
42	Ovel	Dean	Male	MO	622	01:05:51	Leigh on Sea Striders	01:05:45	43	
43	Byford	Jon	Male	MO	156	01:05:56	Springfield Striders	01:05:54	46	
44	Roper	Nick	Male	MO	652	01:05:59		01:05:53	45	
45	Lovelock	Andrew	Male	MO	493	01:06:00	Springfield Striders	01:06:00	47	
46	French	Graham	Male	MV	523	01:06:06	Springfield Striders	01:04:22	27	
47	Knights	Steve	Male	MO	160	01:06:11	Blackwater Tri Club	01:06:09	48	
48	Euan	Alan	Male	MO	812	01:06:15		01:05:29	39	
49	Merritt	Colin	Male	MV	457	01:06:24		01:06:20	49	
50	Cole	Leo	Male	MV	193	01:06:28	Witham R C	01:06:26	50	
51	Watson	Peter	Male	MO	385	01:06:31	Benfleet Running Club	01:06:30	51	
52	Porter	Mark	Male	MV	51	01:06:33		01:06:32	52	
53	Childs	Jonathan	Male	MO	726	01:06:56		01:06:54	53	
54	Leach	Matthew	Male	MO	813	01:07:01		01:06:55	54	
55	Ashton	Alan	Male	MO	673	01:07:02	Springfield Striders	01:07:01	55	
56	McBain	Craig	Male	MO	418	01:07:11	Leigh on Sea Striders	01:07:06	56	
57	Warley	Andrew	Male	MO	60	01:07:13		01:07:11	57	
58	Coates	Chris	Male	MO	406	01:07:21	Havering Mayesbrook	01:07:19	58	
59	Baglin	Claire	Female	FO	551	01:07:37	Billericay Striders	01:07:36	59	
60	Purse	Chris	Male	MSV	596	01:07:45	Springfield Striders	01:07:44	60	
61	Knight	Nick	Male	MO	543	01:07:46		01:07:44	61	
62	Sutton	Carys	Female	FO	211	01:07:53	Chelmsford A C	01:07:52	63	
63	Caton	Jon	Male	MV	444	01:07:58		01:07:53	64	
64	Coen	Thomas	Male	MO	688	01:08:01	Springfield Striders	01:07:51	62	
65	Stukas	Paul	Male	MV	180	01:08:01	Springfield Striders	01:08:00	65	
66	Cattermole	Debbie	Female	FSV	112	01:08:07	Colchester Harriers A C	01:08:04	66	
67	Daldorph	Brian	Male	MSV	392	01:08:14	In His Footsteps	01:08:12	68	
68	Joslin	Gary	Male	MV	548	01:08:16	Springfield Striders	01:08:11	67	
69	Mortimer	Robert	Male	MV	805	01:08:16		01:08:13	69	
70	Frankenberg	Elisabet	Female	FO	131	01:08:22	Leigh on Sea Striders	01:08:16	70	
71	Boulton	Mark	Male	MO	790	01:08:27		01:08:24	71	

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
72	Brown	Bradley	Male	MO	789	01:08:41		01:08:41	72
73	Knowles	Matthew	Male	MO	602	01:09:00	Harwich Runners	01:08:59	73
74	Adkins	Peter-David	Male	MO	759	01:09:20		01:09:19	76
75	Boyer	Ross	Male	MSV	410	01:09:21	Braintree & District A C	01:09:13	74
76	Wright	James	Male	MO	77	01:09:23	Springfield Striders	01:09:18	75
77	Lowndes	James	Male	MO	714	01:09:24	Barking Road Runners	01:09:21	77
78	Malton	Gerald	Male	MSV	15	01:09:27		01:09:23	79
79	Higgs	Lynn	Female	FSV	802	01:09:32		01:09:29	80
80	Williams	Stacy	Male	MO	183	01:09:32	The Strat Pack	01:09:31	81
81	Underdown	Marc	Male	MO	57	01:09:34	Witham R C	01:09:31	82
82	Brown	Richard	Male	MO	758	01:09:42	Serpentine R C	01:09:22	78
83	Gearing	Mark	Male	MO	308	01:09:45		01:09:38	83
84	Wright	Chris	Male	MV	671	01:09:48	Benfleet Running Club	01:09:44	84
85	Chadwick	Paul	Male	MO	311	01:09:50		01:09:46	85
86	Barnes	Colin	Male	MV	132	01:09:53	Leigh on Sea Striders	01:09:46	86
87	Miller	Paul	Male	MV	401	01:09:54	Braintree & District A C	01:09:52	87
88	Brockbank	Nikki	Female	FO	381	01:09:55	Springfield Striders	01:09:52	88
89	Snowdon	Christopher	Male	MO	168	01:10:24	Springfield Striders	01:10:19	89
90	Howlett	Richard	Male	MV	647	01:10:30	Benfleet Running Club	01:10:26	90
91	Shewbridge	Laura	Female	FO	559	01:10:31	Tiptree Road Runners	01:10:28	92
92	Hurley	David	Male	MV	749	01:10:31	Benfleet Running Club	01:10:27	91
93	Cresswell	Simon	Male	MO	780	01:10:43		01:10:34	93
94	Costello	Charles	Male	MO	205	01:10:45		01:10:44	94
95	Watts	Philip	Male	MV	425	01:10:59	Springfield Striders	01:10:54	95
96	Fenn	Daniel	Male	MO	731	01:11:05		01:11:04	97
97	McLaughlin	Ian	Male	MO	737	01:11:06	Witham R C	01:11:04	98
98	Burgess	Lee	Male	MO	221	01:11:11		01:11:03	96
99	Belsom	Robin	Male	MSV	403	01:11:19	Ipswich Jaffa	01:11:14	99
100	Noble	Toni	Female	FV	143	01:11:27	Thurrock Harriers	01:11:24	100
101	Farmer	Ian	Male	MO	467	01:11:30		01:11:25	101
102	Osborne	Peter	Male	MV	209	01:11:32	Castle Point Joggers	01:11:29	102
103	Spence	James	Male	MO	504	01:11:44	Fighting Fit	01:11:39	104
104	Hassett	Simon	Male	MV	424	01:11:51	Swanley & District A C	01:11:47	105
105	Fryatt	Daryl	Male	MO	676	01:11:58		01:11:54	108
106	Emerson	Paul	Male	MO	499	01:11:58		01:11:51	107
107	Bleck	Paul	Male		36	Disqualified	Unique Results	Disqualified	
108	Hironaka	Sarah	Female	FO	384	01:12:04	Mornington Chasers	01:11:55	110
109	Hooke	Craig	Male	MV	513	01:12:08	Grange Farm & Dunmow Runners	01:12:04	111
110	Bridges	Paul	Male	MO	49	01:12:20	Springfield Striders	01:12:17	114
111	Simes	Ian	Male	MO	448	01:12:24		01:11:50	106
112	Tennant	John	Male	MSV	341	01:12:26	Harlow Running Club	01:12:21	115
113	Renda	Justin	Male	MO	314	01:12:29	Thurrock Harriers	01:12:28	116
114	Byford	Martyn	Male	MSV	216	01:12:35	Witham R C	01:12:15	113
115	Pearce	Charles	Male	MV	797	01:12:38	Springfield Striders	01:12:31	117
116	Keeble	Mark	Male	MV	69	01:12:41	Leigh on Sea Striders	01:12:35	118
117	Dellar	Paul	Male	MV	756	01:12:43	Tiptree Road Runners	01:12:40	122
118	Probert	Nigel	Male	MV	522	01:12:44	Springfield Striders	01:12:35	119
119	Slater	James	Male	MSV	32	01:12:48	Tiptree Road Runners	01:12:37	120
120	Beazeley	Chris	Male	MV	446	01:12:49	Springfield Striders	01:12:11	112
121	Alston	Richard	Male	MV	146	01:12:53		01:12:39	121
122	Fulljames	Kristian	Male	MO	294	01:12:56	Witham R C	01:12:52	123
123	Frith	Andy	Male	MV	641	01:13:04	Benfleet Running Club	01:12:53	124
124	Stanley	Blair	Male	MO	377	01:13:07		01:13:00	125
125	Flannery	Julia	Female	FV	535	01:13:21		01:13:10	126
126	Thomas	Gareth	Male	MO	806	01:13:24		01:13:13	127
127	Wilson	Peter	Male	MO	603	01:13:24	Bob's Runners	01:11:29	103
128	Keeler	David	Male	MO	730	01:13:25		01:13:16	129
129	Goad	Richard	Male	MSV	614	01:13:27	Pitsea R C	01:13:25	131
130	Clarke	Phil	Male	MV	33	01:13:31	Tiptree Road Runners	01:13:15	128
131	Stokes	Wayne	Male	MSV	620	01:13:31	Bob's Runners	01:13:23	130
132	Thomas	Adie	Male	MO	65	01:13:36		01:13:29	132
133	Romain	Graeme	Male	MSV	329	01:13:39	Springfield Striders	01:13:35	133
134	Fuente	Fernando	Male	MSV	675	01:13:43	Havering 90 Joggers	01:13:39	134
135	Moulton	Christopher	Male	MO	605	01:13:44	Sudbury Joggers	01:13:40	135
136	Nation	Richard	Male	MO	296	01:13:45	Benfleet Running Club	01:13:41	137
137	Parker	Andrew	Male	MSV	660	01:13:48	Springfield Striders	01:13:40	136
138	Camacho	Carlos	Male	MSV	792	01:13:56		01:13:48	138
139	Humphries	Duncan	Male	MV	68	01:13:59		01:13:51	139
140	Mullish	Elliot	Male	MV	169	01:14:09		01:14:04	144
141	Burr	Stuart	Male	MV	453	01:14:12		01:14:09	148
142	Collard	Robert	Male	MO	224	01:14:13	Springfield Striders	01:14:06	145

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
143	French	Michael	Male	MO	351	01:14:14		01:13:55	140
144	Evans	Chris	Male	MO	757	01:14:15		01:14:00	141
145	Daly	John	Male	MO	402	01:14:16	Springfield Striders	01:14:09	149
146	Carpenter	Emma	Female	FO	483	01:14:17		01:14:03	143
147	Lowry	Paul	Male	MO	299	01:14:17	Castle Point Joggers	01:14:06	146
148	Radley	Simon	Male	MO	831	01:14:17		01:14:15	151
149	Henderson	Angus	Male	MO	2	01:14:22		01:14:17	152
150	Wenman	Sarah	Female	FV	85	01:14:26	Springfield Striders	01:14:23	155
151	Jardin	M	Male	MO	823	01:14:26		01:14:06	147
152	Hadley	Richard	Male	MV	507	01:14:30	Fighting Fit	01:14:25	156
153	Palmer	Wayne	Male	MO	409	01:14:31	Thrift Green Trotters	01:14:02	142
154	Hull	Darran	Male	MV	579	01:14:33	Springfield Striders	01:14:31	159
155	Manson	Paul	Male	MSV	694	01:14:36		01:14:21	153
156	Brockington	Matthew	Male	MV	154	01:14:41		01:14:25	157
157	Ellisdon	Paul	Male	MO	464	01:14:43		01:14:21	154
158	Moon	Graeme	Male	MSV	123	01:14:44	Tiptree Road Runners	01:14:30	158
159	Pyle	Nicola	Female	FV	260	01:14:46	Springfield Striders	01:14:42	161
160	Miller	Tom	Male	MO	482	01:14:47		01:14:14	150
161	Eley	Jill	Female	FSV	618	01:14:51		01:14:43	162
162	Tanner	Lynn	Female	FSV	317	01:14:53	Springfield Striders	01:14:48	163
163	Coode-Adams	Ben	Male	MV	430	01:14:54		01:14:39	160
164	Stuckey	Alex	Male	MO	150	01:15:06	Witham R C	01:14:50	164
165	Porter	Keith	Male	MO	376	01:15:13	Billericay Striders	01:14:55	165
166	Mitchell	Paul	Male	MO	142	01:15:23	Thurrock Nomads	01:15:19	168
167	Brooks	Steve	Male	MV	233	01:15:25	City of London Police A C	01:15:08	166
168	Dennis	Dudley	Male	MSV	710	01:15:32	Benfleet Running Club	01:15:18	167
169	Wilkinson	Andrew	Male	MO	228	01:15:33	Little Baddow Ridge Runners	01:15:22	169
170	Edwards	Graeme	Male	MO	98	01:15:37	Benfleet Running Club	01:15:31	170
171	Laffan	Matt	Male	MV	670	01:15:40	Thurrock Nomads	01:15:36	172
172	Daly	Christian	Male	MO	407	01:15:40		01:15:38	174
173	Hazell	Wayne	Male	MV	74	01:15:43	Witham R C	01:15:35	171
174	Hancock	Karen	Female	FSV	340	01:15:44	Serpentine R C	01:15:36	173
175	Cook	Siobhan	Female	FO	343	01:15:48	Springfield Striders	01:15:45	176
176	Edgington	John	Male	MO	477	01:15:50		01:15:40	175
177	Thomson	Sally	Female	FV	408	01:15:59	Thrift Green Trotters	01:15:53	181
178	Longley	Andrew	Male	MO	722	01:16:01	Dengie 100 Runners	01:15:48	178
179	Crosby	Philippa	Female	FO	191	01:16:01	Little Baddow Ridge Runners	01:15:51	179
180	Chappell	Ian	Male	MV	515	01:16:01	Pitsea R C	01:15:52	180
181	Gillard	Matthew	Male	MV	270	01:16:01	Southend A C	01:15:45	177
182	Ford	Matt	Male	MO	662	01:16:09	Ulting Warriors	01:15:59	182
183	Richardson	Mark	Male	MV	508	01:16:10	Fighting Fit	01:16:04	185
184	Gwyn-Williams	Seb	Male	MV	327	01:16:15	Witham R C	01:16:12	187
185	Line	Stephen	Male	MV	815	01:16:16	Benfleet Running Club	01:16:00	183
186	Harper- Ward	Matt	Male	MV	570	01:16:16	Benfleet Running Club	01:16:02	184
187	Brockington	Tim	Male	MSV	21	01:16:20	Springfield Striders	01:16:14	189
188	Johnson	Jo	Female	FO	232	01:16:24	Springfield Striders	01:16:18	191
189	Stenning	Matthew	Male	MO	621	01:16:27		01:16:10	186
190	Ritchings	Andrew	Male	MV	188	01:16:27	Little Baddow Ridge Runners	01:16:16	190
191	Stott	Ross	Male	MO	509	01:16:33	Fighting Fit	01:16:12	188
192	Brown	James	Male	MSV	585	01:16:34	Harvel Hash House Harriers	01:16:29	195
193	Knights	Diane	Female	FSV	572	01:16:40	Witham R C	01:16:18	192
194	Prideaux	Emma	Female	FO	739	01:16:40	Billericay Striders	01:16:28	193
195	Lee	Richard	Male	MV	723	01:16:40	Billericay Striders	01:16:28	194
196	Harrington	Tracy	Female	FSV	22	01:16:43	Tiptree Road Runners	01:16:29	196
197	Mckenzie	Duncan	Male	MSV	765	01:16:46		01:16:39	197
198	Morris	Vaughan	Male	MSV	704	01:16:48		01:16:41	200
199	Piper	Alastier	Male	MV	793	01:16:50		01:16:39	198
200	Sharman	Ray	Male	MV	203	01:16:52		01:16:40	199
201	Yorston	Jon	Male	MO	163	01:17:00	Blackwater Tri Club	01:16:49	201
202	Reeve	Glen	Male	MSV	420	01:17:07		01:17:02	205
203	Silk	Michael	Male	MSV	416	01:17:09		01:16:58	204
204	Ribet	Mark	Male	MV	255	01:17:14		01:16:54	203
205	Calvert	Mark	Male	MSV	796	01:17:16		01:17:07	207
206	Holmes	Corina	Female	FO	278	01:17:17	Thrift Green Trotters	01:17:05	206
207	Moxon	David	Male	MSV	106	01:17:26	Springfield Striders	01:17:18	209
208	Brook	Nigel	Male	MSV	134	01:17:27	Wimbledon Windmilers	01:16:51	202
209	Bridge	Jason	Male	MV	718	01:17:37	Witham R C	01:17:30	210
210	Crosby	Trevor	Male	MSV	190	01:17:41	Little Baddow Ridge Runners	01:17:31	211
211	Murray	Simon	Male	MV	795	01:17:44		01:17:41	213
212	Emeagi	Joe	Male	MSV	745	01:17:48	Benfleet Running Club	01:17:36	212
213	Grandison	Julian	Male	MO	625	01:17:49	Thrift Green Trotters	01:17:09	208

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
214	Pinner	Jayne	Female	FV	766	01:17:49		01:17:43	215
215	Matthews	Phillip	Male	MV	674	01:17:54	Ulting Warriors	01:17:44	216
216	Gold	Peter	Male	MSV	20	01:17:55	Witham R C	01:17:49	217
217	Compton	Kevin	Male	MO	450	01:18:05	Benfleet Running Club	01:17:52	218
218	Gill	Sarah	Female	FO	129	01:18:11		01:17:41	214
219	Morgan	David	Male	MSV	395	01:18:15	Billericay Striders	01:18:07	220
220	Larner	Martin	Male	MV	594	01:18:19		01:17:54	219
221	Newell	Julia	Female	FV	512	01:18:22		01:18:15	221
222	Marrington	Ben	Male	MO	787	01:18:25		01:18:16	222
223	Wills	Stephen	Male	MV	5	01:18:28		01:18:20	224
224	Pharo	Eddie	Male	MO	331	01:18:28	South London Harriers	01:18:17	223
225	Pina Jorge	Fernando	Male	MV	701	01:18:40		01:18:27	225
226	Paxman	Richard	Male	MO	27	01:18:42	Springfield Striders	01:18:30	228
227	Buckley	Mark	Male	MO	328	01:18:43		01:18:29	227
228	Thorpe	Nick	Male	MO	469	01:18:51		01:18:38	229
229	Shaw	Eric	Male	MSV	658	01:18:52	Great Bentley Running Club	01:18:46	232
230	Fisher	Robert	Male	MO	206	01:18:56		01:18:38	230
231	Timbrell	Jodie	Female	FO	396	01:18:59	Thrift Green Trotters	01:18:54	233
232	Montgomery	James	Male	MV	692	01:19:00	Witham R C	01:18:42	231
233	Buse	Ryan	Male	MO	521	01:19:01		01:18:28	226
234	Brazier	Ian	Male	MO	827	01:19:07		01:18:57	236
235	Wray	Shelley	Female	FV	803	01:19:07		01:18:59	237
236	Spencer	T	Male	MSV	791	01:19:11		01:19:04	240
237	Mathers	Vanessa	Female	FV	454	01:19:14	Southend A C	01:18:59	238
238	Mumford	Sally	Female	FO	690	01:19:15		01:19:04	241
239	Abel	Robert	Male	MO	741	01:19:18	Springfield Striders	01:19:09	243
240	Pavely	James	Male	MO	298	01:19:21	The Blue Falcons	01:18:55	234
241	Pavely	Tom	Male	MO	265	01:19:21	The Blue Falcons	01:18:56	235
242	Holliday	Craig	Male	MO	353	01:19:21		01:19:03	239
243	Childs	Peter	Male	MV	629	01:19:22		01:19:08	242
244	Connell	Dermot	Male	MSV	24	01:19:24		01:19:21	246
245	Sonnex	Gary	Male	MV	390	01:19:26		01:19:16	244
246	Dunn	John	Male	MSV	397	01:19:27	North Staffs Road Runners	01:19:21	247
247	Skelton	James	Male	MO	478	01:19:35		01:19:27	249
248	Patterson	David	Male	MO	553	01:19:38		01:19:19	245
249	Clark	Shawn	Male	MO	541	01:19:41		01:19:23	248
250	Burnett	Donna	Female	FV	663	01:19:42	Billericay Striders	01:19:31	250
251	Knight	Anthony	Male	MV	153	01:19:52	Tiptree Road Runners	01:19:36	251
252	Yong	Dougl's	Male	MO	826	01:19:55		01:19:47	253
253	Farrance	Roy	Male	MSV	241	01:20:04	Thrift Green Trotters	01:19:53	255
254	Quaye	Mike	Male	MV	54	01:20:04		01:19:47	254
255	Cardy	Paula	Female	FV	66	01:20:06		01:19:55	256
256	Gibbs	Geoff	Male	MSV	23	01:20:08		01:20:04	260
257	Wilson	Martin	Male	MSV	161	01:20:09	Springfield Striders	01:20:00	258
258	Neilson	Julie	Female	FSV	147	01:20:10		01:20:04	261
259	Sibley	Trevor	Male	MV	383	01:20:15	Braintree & District A C	01:20:03	259
260	Reddish	Morgan	Male	MV	239	01:20:16	Benfleet Running Club	01:19:56	257
261	Stephenson	Clive	Male	MSV	336	01:20:16		01:19:40	252
262	Garth	Jenny	Female	FSV	677	01:20:25	Swindon Harriers	01:20:09	263
263	Clark	Hazel	Female	FO	628	01:20:28	Ware Joggers	01:20:09	264
264	Daniels	John	Male	MSV	157	01:20:29		01:20:07	262
265	Coulson	Myles	Male	MO	516	01:20:30	Braintree & District A C	01:20:17	267
266	Murphy	Niall	Male	MO	672	01:20:31		01:20:11	265
267	Berg	Stewart	Male	MSV	144	01:20:31		01:20:27	269
268	Cawson	Keith	Male	MO	480	01:20:33		01:20:16	266
269	Francis	Debra	Female	FO	650	01:20:33	Benfleet Running Club	01:20:19	268
270	Hoaran	Lisa	Female	FSV	470	01:20:40		01:20:32	270
271	Bell	Michael	Male	MV	555	01:20:52		01:20:46	273
272	Miller	Simon	Male	MV	495	01:20:54		01:20:44	271
273	Hannibal	Steve	Male	MV	488	01:20:56		01:20:45	272
274	Hallam	Jane	Female	FV	633	01:21:06		01:20:52	277
275	Grenville	Mark	Male	MV	250	01:21:10		01:20:58	278
276	Taylor	Glen	Male	MSV	25	01:21:16	Southend A C	01:21:00	279
277	Gibbons	Pete	Male	MV	79	01:21:18		01:20:51	276
278	Longhurst	David	Male	MV	544	01:21:26		01:20:48	275
279	Rose	Andy	Male	MV	545	01:21:26		01:20:47	274
280	Mayo	Arron	Male	MO	442	01:21:27		01:21:22	285
281	Johnson	Robert	Male	MO	268	01:21:29		01:21:00	280
282	Caddy	Joshua	Male	MO	305	01:21:30		01:21:00	281
283	Bird	Kelly	Female	FV	445	01:21:31	Orpington Runners	01:21:12	282
284	Hedge	Paul	Male	MV	820	01:21:38		01:21:30	287

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
285	Green	Daniel	Male	MO	243	01:21:39		01:21:22	286
286	Pardon	Janet	Female	FSV	497	01:21:39	Billericay Striders	01:21:30	288
287	Quinn	Rhiannon	Female	FO	689	01:21:41	Benfleet Running Club	01:21:20	283
288	Horwill	Robert	Male	MSV	438	01:21:44		01:21:21	284
289	Rieffel	Lisa	Female	FV	178	01:21:47	Castle Point Joggers	01:21:36	289
290	Scott	Gareth	Male	MSV	597	01:21:47	Thrift Green Trotters	01:21:36	290
291	Goldsmith	Rick	Male	MV	179	01:21:49	Castle Point Joggers	01:21:38	291
292	Edwards	Christina	Female	FV	99	01:21:53	Castle Point Joggers	01:21:42	293
293	Aldridge	Wendy	Female	FSV	435	01:21:55	Dengie 100 Runners	01:21:42	294
294	Gear	Stuart	Male	MO	364	01:21:58	Edmund Carr	01:21:38	292
295	Scott	David	Male	MV	538	01:21:59	Thrift Green Trotters	01:21:48	296
296	Quinn	Andrew	Male	MO	679	01:21:59		01:21:44	295
297	Barron	Hayley	Female	FV	111	01:22:04	Orion Harriers	01:22:01	300
298	Hulbert	Richard	Male	MO	76	01:22:07		01:21:52	297
299	Boram	John	Male	MSV	631	01:22:09	Benfleet Running Club	01:21:57	299
300	Jobling	David	Male	MSV	415	01:22:25	Witham R C	01:22:07	302
301	Carter	Steven	Male	MO	607	01:22:27		01:21:55	298
302	Bartram	Colin	Male	MV	405	01:22:28		01:22:02	301
303	Hodges	Jeremy	Male	MV	746	01:22:29		01:22:18	306
304	Perrett	Stephen	Male	MV	292	01:22:33		01:22:12	303
305	Hawkins	Fi	Female	FV	272	01:22:40	Southend A C	01:22:24	308
306	Sykes	Carol Elaine	Female	FV	285	01:22:40		01:22:33	311
307	Girling	Vinnie	Male	MO	263	01:22:41	The Blue Falcons	01:22:16	305
308	Loomes	Jason	Male	MO	526	01:22:44		01:22:12	304
309	Dowsey	Ben	Male	MO	75	01:22:46		01:22:18	307
310	Gear	Iain	Male	MO	547	01:22:47		01:22:26	309
311	Moore	G	Male	MSV	713	01:22:49	Benfleet Running Club	01:22:37	313
312	Smith	Mark	Male	MV	349	01:22:56		01:22:34	312
313	Barrett	Nina	Female	FV	359	01:22:59	Thrift Green Trotters	01:22:48	315
314	Thorn	Barry	Male	MO	352	01:23:03		01:22:31	310
315	Gunton	Troy	Male	MV	595	01:23:06	Thrift Green Trotters	01:22:46	314
316	Dodd	Rosanne	Female	FSV	601	01:23:08		01:23:02	316
317	Gross	Lorna	Female	FSV	552	01:23:08		01:23:02	317
318	Smith	Tanya	Female	FO	345	01:23:16		01:23:05	318
319	Sherwood	Dennis	Male	MV	247	01:23:32		01:23:18	321
320	Milner	Laura	Female	FO	89	01:23:37		01:23:27	324
321	Cooper	Nigel	Male	MV	773	01:23:38	EETC	01:23:20	322
322	Hagger	Mark	Male	MV	754	01:23:40	Bob's Runners	01:23:17	320
323	Gibson	Lee	Male	MO	785	01:23:41		01:23:09	319
324	Scott	Jan	Female	FSV	6	01:23:44		01:23:33	327
325	Fenton	Jeff	Male	MSV	619	01:23:46	Havering 90 Joggers	01:23:34	328
326	Day	Arron	Male	MO	458	01:23:46		01:23:32	326
327	Murray	Chrissy	Female	FO	472	01:23:48		01:23:23	323
328	Bude	Jay	Male	MO	387	01:23:49		01:23:39	330
329	Panting	Melanie	Female	FSV	645	01:23:53		01:23:29	325
330	Page	Jennie	Female	FO	182	01:23:56	Benfleet Running Club	01:23:36	329
331	Allen	Emma	Female	FO	120	01:24:00		01:23:49	331
332	Lowe	Rob	Male	MO	55	01:24:07		01:23:49	332
333	Williams	Sarah Kirsty	Female	FV	530	01:24:14	Springfield Striders	01:23:58	335
334	Hay	Robin	Male	MV	531	01:24:14	Springfield Striders	01:23:58	336
335	Hatch	Clive	Male	MV	9	01:24:18	Blackwater Tri Club	01:23:56	334
336	Bell	Chris	Male	MV	37	01:24:24	Pitsea R C	01:24:01	338
337	Grounsell	Steve	Male	MV	700	01:24:28	Hanburys	01:24:15	341
338	Bugden	Steve	Male	MSV	578	01:24:29		01:24:06	340
339	Cornwall	Matt	Male	MO	378	01:24:29		01:23:50	333
340	Knight	Petra	Female	FV	67	01:24:32		01:24:15	342
341	Cornell	John	Male	MV	782	01:24:36		01:24:02	339
342	Stuckey	Liz	Female	FV	152	01:24:42	Witham R C	01:24:25	343
343	Cook	David	Male	MV	760	01:24:43		01:24:31	346
344	Mold	Sue	Female	FV	29	01:24:48	Witham R C	01:24:30	345
345	Lawrie	Ed	Male	MO	783	01:24:53		01:24:48	350
346	Kinder	Toby	Male	MV	119	01:24:54	Barking Road Runners	01:24:35	347
347	Pardon	John	Male	MSV	496	01:24:55	Billericay Striders	01:24:45	348
348	Marshall	Paul	Male	MV	829	01:25:04		01:24:51	352
349	Irvine	Liz	Female	FO	18	01:25:04	Springfield Striders	01:24:58	356
350	Wakeling	James	Male	MO	394	01:25:07		01:24:27	344
351	Ling	Joanne	Female	FV	459	01:25:10	Billericay Striders	01:24:58	357
352	Bennett	Ian	Male	MV	280	01:25:13		01:24:49	351
353	Dawson	Paul	Male	MV	808	01:25:15		01:24:45	349
354	Tunbridge	Daniel	Male	MO	738	01:25:16	Dengie 100 Runners	01:25:03	358
355	Marjoram	Paul	Male	MV	821	01:25:18		01:25:08	363

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
356	Coker	David	Male	MO	8	01:25:19		01:25:06	360
357	Morgan	Jo	Female	FSV	558	01:25:21		01:24:54	353
358	Archer	Keith	Male	MV	788	01:25:22	Bob's Runners	01:24:57	354
359	Bignell	Alan	Male	MSV	763	01:25:28		01:24:57	355
360	Clarke	Tina	Female	FV	34	01:25:32	Tiptree Road Runners	01:25:09	364
361	Probert	Paul	Male	MO	735	01:25:36	Springfield Striders	01:25:03	359
362	Mills	Rob	Male	MO	234	01:25:38	Springfield Striders	01:25:34	371
363	Allen	June	Female	FV	189	01:25:38	Springfield Striders	01:23:59	337
364	Smith	Will	Male	MO	562	01:25:40		01:25:23	367
365	Watson	Peter	Male	MSV	781	01:25:41		01:25:15	366
366	McGovern	Gerald	Male	MSV	712	01:25:43		01:25:06	361
367	Neale	Marion	Female	FV	461	01:25:44		01:25:26	368
368	Polton	Wayne Lee	Male	MV	779	01:25:49		01:25:07	362
369	Manlove	Lorraine	Female	FSV	158	01:25:49		01:25:26	369
370	Richards	Lauren	Female	FV	330	01:25:50		01:25:13	365
371	Chaplin	Andrew	Male	MO	423	01:25:54	Pitsea R C	01:25:31	370
372	Bazley	Bernard	Male	MSV	162	01:26:02		01:25:34	372
373	Bent	Angela	Female	FSV	716	01:26:18	Pitsea R C	01:26:10	374
374	Sillence	Paul	Male	MSV	487	01:26:24		01:26:01	373
375	Collom	Laurence	Male	MO	753	01:26:34	Bob's Runners	01:26:20	380
376	Kemble	Ross	Male	MO	231	01:26:35	Thrift Green Trotters	01:26:12	375
377	Abbott	Catherine	Female	FV	691	01:26:37	Stowmarket Striders	01:26:13	376
378	Low	Jeanette	Female	FV	167	01:26:38		01:26:18	378
379	Hall-Fremont	Donna	Female	FV	11	01:26:39	Springfield Striders	01:26:30	384
380	Gowen	Joel	Male	MO	323	01:26:41		01:26:24	382
381	Hughes	Dorian	Male	MV	53	01:26:42		01:26:19	379
382	Jones	Graham	Male	MSV	463	01:26:47		01:26:23	381
383	Bradley	Gavin	Male	MO	533	01:26:50		01:26:17	377
384	Pennack	Philip	Male	MO	600	01:26:51		01:26:35	387
385	Armitage	Mark	Male	MV	573	01:26:56	Castle Point Joggers	01:26:41	389
386	Barr	Stephen	Male	MO	4	01:26:57		01:26:33	385
387	Murray	Paul	Male	MO	473	01:26:58		01:26:33	386
388	Southgate	David	Male	MV	164	01:26:59	Blackwater Tri Club	01:26:37	388
389	Waller	Stewart	Male	MSV	774	01:27:02	Braintree & District A C	01:26:43	390
390	Maskell	Paul	Male	MSV	113	01:27:02	Leigh on Sea Striders	01:26:47	395
391	Goodall	Kenneth	Male	MV	196	01:27:02		01:26:44	393
392	McHugh	Laura	Female	FO	70	01:27:02	Leigh on Sea Striders	01:26:43	391
393	Schmuster	Janet	Female	FSV	148	01:27:03	Springfield Striders	01:26:55	397
394	Baldwin	Anna	Female	FV	52	01:27:03	Springfield Striders	01:26:43	392
395	Childs	Graham	Male	MSV	727	01:27:06		01:26:49	396
396	Thomas	James	Male	MO	769	01:27:09		01:26:27	383
397	Dickman	James	Male	MV	335	01:27:09	Springfield Striders	01:26:56	398
398	Gilbey	Ken	Male	MSV	151	01:27:13		01:27:01	399
399	Morrow	Mike	Male	MV	824	01:27:24		01:26:46	394
400	Neighbour	Mark	Male	MV	761	01:27:27		01:27:06	400
401	Corby	Colin	Male	MSV	109	01:27:30	Mid Essex Casuals	01:27:07	401
402	Cozens	Mark	Male	MV	717	01:27:32		01:27:15	406
403	Turner	Scott	Male	MV	577	01:27:33		01:27:21	408
404	Hunter	David	Male	MO	61	01:27:33		01:27:12	405
405	Sinclair	Isla	Female	FO	630	01:27:34	Benfleet Running Club	01:27:08	402
406	Johnson	Annette	Female	FV	801	01:27:36	Benfleet Running Club	01:27:10	404
407	Blair	Samantha	Female		288	Disqualified		Disqualified	
408	Eades	Claire	Female	FV	659	01:27:42		01:27:25	409
409	Fogerty	David	Male	MO	642	01:27:52		01:27:08	403
410	Domoney	Simon	Male	MO	656	01:27:54		01:27:36	410
411	Baukman	Russell	Male	MV	500	01:28:05	Springfield Striders	01:27:56	415
412	Tinham	Graeme	Male	MO	417	01:28:06		01:27:56	416
413	Tinham	Andy	Male	MV	102	01:28:06		01:27:56	417
414	Loughnane	Mischa	Female	FO	576	01:28:10		01:27:43	411
415	Russell	Adrian	Male	MV	110	01:28:13	Woodford Green A C WEL	01:27:53	414
416	Babbage	Gemma	Female	FO	344	01:28:21	Billericay Striders	01:28:02	421
417	Chittock	George Michael	Male	MSV	685	01:28:21	Bob's Runners	01:27:56	418
418	Tuff	Rebecca	Female	FO	449	01:28:22	Springfield Striders	01:27:49	413
419	Andrews	Paula	Female	FV	88	01:28:23		01:27:56	419
420	Weston	Matthew	Male	MO	365	01:28:23	Edmund Carr	01:27:43	412
421	Hay	John	Male	MSV	664	01:28:26		01:28:14	424
422	Gillard	Sarah	Female	FSV	684	01:28:32	The Running Sisterhood	01:28:12	423
423	Mingay	Lorraine	Female	FV	566	01:28:36		01:28:11	422
424	Shewbridge	Paul	Male	MSV	546	01:28:37	Tiptree Road Runners	01:28:15	425
425	Mollinghoff	Amelie	Female	FO	138	01:28:37	Springfield Striders	01:28:31	428
426	Holden	Anthony	Male	MO	348	01:28:40		01:27:57	420

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
427	Hargrave	Caroline	Female	FO	490	01:28:47		01:28:22	426
428	Spencer-Perkins	Dennis	Male	MSV	399	01:28:54	Barking Road Runners	01:28:34	429
429	passfeild	Diane	Female	FSV	807	01:29:00		01:28:40	433
430	White	Danny	Male	MO	414	01:29:03	Barking Road Runners	01:28:37	431
431	Childs	Louise	Female	FO	818	01:29:08		01:28:29	427
432	Beeston	Gary	Male	MO	632	01:29:12	Benfleet Running Club	01:28:55	434
433	Wall	Steve	Male	MSV	503	01:29:15	Fighting Fit	01:28:35	430
434	Harragan	Phillip	Male	MV	502	01:29:19	Fighting Fit	01:28:38	432
435	Houghton	Kirsty	Female	FO	612	01:29:24		01:29:13	442
436	Ingle	Sanjiv	Male	MV	116	01:29:26	Thrift Green Trotters	01:29:04	437
437	Kilbey	Alan	Male	MSV	747	01:29:27		01:29:16	444
438	Day	Michael	Male	MO	474	01:29:29		01:29:15	443
439	Taylor	Oliver	Male	MO	809	01:29:30		01:28:59	436
440	McCloud	Vic	Male	MSV	687	01:29:32	Benfleet Running Club	01:29:06	438
441	Wheeler	Steven	Male	MV	822	01:29:33		01:29:06	439
442	Lee	Martin	Male	MO	236	01:29:33		01:28:56	435
443	Manlove	Richard	Male	MSV	159	01:29:34		01:29:10	440
444	Sharland	David	Male	MSV	661	01:29:37		01:29:11	441
445	Hallam	Debbielyn	Female	FV	706	01:29:48	SAC	01:29:32	448
446	Harmer	Richard	Male	MV	431	01:29:48	Thrift Green Trotters	01:29:35	450
447	Burrows	Karen	Female	FSV	145	01:29:49		01:29:35	451
448	Hill	Jeremy	Male	MSV	197	01:29:52		01:29:16	445
449	Goodall	Glynis	Female	FSV	563	01:29:54		01:29:20	446
450	Radcliffe	Nigel	Male	MSV	591	01:29:56		01:29:20	447
451	King	Sally	Female	FSV	682	01:30:11	Witham R C	01:29:42	454
452	Hammond	Graham	Male	MO	3	01:30:12		01:29:47	455
453	Cook	Dean	Male	MV	695	01:30:13		01:29:41	453
454	Harragan	Andrew	Male	MV	501	01:30:15	Fighting Fit	01:29:35	452
455	Eve	Paul	Male	MV	354	01:30:16		01:30:01	458
456	Gear	Bob	Male	MSV	613	01:30:19	Springfield Striders	01:29:58	457
457	Randall	Robert	Male	MO	764	01:30:20		01:29:32	449
458	Stebbing	Julia	Female	FSV	667	01:30:23		01:29:57	456
459	Short	Colin	Male	MSV	623	01:30:38	Witham R C	01:30:20	461
460	Woollett	Samantha	Female	FV	289	01:30:42	The Running Sisterhood	01:30:22	462
461	Stamps	Rebekah	Female	FV	122	01:30:45		01:30:17	460
462	Fraser	Julie	Female	FSV	108	01:30:49		01:30:30	464
463	Norris	Paul	Male	MSV	316	01:30:51		01:30:13	459
464	Overington	Richard	Male	MO	282	01:31:04	Little Baddow Ridge Runners	01:30:52	470
465	Porter	Karen	Female	FSV	212	01:31:04	Thrift Green Trotters	01:30:44	467
466	Woodhams	Kerstin	Female	FV	95	01:31:07		01:30:27	463
467	Johnson	Robert	Male	MV	300	01:31:08		01:30:38	465
468	Hoskyn	John	Male	MSV	258	01:31:10	Springfield Striders	01:31:02	473
469	Corby	Daniel	Male	MV	173	01:31:13		01:30:45	469
470	Chapman	Kieron	Male	MO	733	01:31:14	The Stragglers	01:30:58	471
471	Gimson	Stewart	Male	MV	510	01:31:19		01:31:01	472
472	Bolt	Amndy	Male	MV	127	01:31:19		01:30:42	466
473	Godaer	Neil	Male	MSV	799	01:31:23		01:30:44	468
474	Perry	Steve	Male	MSV	648	01:31:25	Springfield Striders	01:31:15	476
475	Belson	Ruth	Female	FSV	784	01:31:38		01:31:14	475
476	Tyrer	Tracey	Female	FV	728	01:31:43	Tiptree Road Runners	01:31:20	477
477	Gomer	Anne	Female	FSV	604	01:31:44	Tiptree Road Runners	01:31:21	478
478	Porter	Alan	Male	MSV	375	01:31:44	Billericay Striders	01:31:25	479
479	Ginn	Nathan	Male	MV	284	01:31:44		01:31:08	474
480	Greenaway	Tracey	Female	FV	441	01:31:56		01:31:28	480
481	James	Yvonne	Female	FSV	561	01:32:13		01:31:55	487
482	Free	Camille	Female	FV	368	01:32:14		01:31:46	486
483	Barnes	Becky	Female	FO	744	01:32:14	Witham R C	01:31:45	485
484	Wolton	Sam	Male	MO	762	01:32:18	Halstead Road Runners	01:31:42	482
485	Miller	Graham	Male	MV	225	01:32:18		01:31:37	481
486	Thorogood	Keith	Male	MSV	208	01:32:18	Halstead Road Runners	01:31:43	484
487	Strange	Kerry	Female	FO	332	01:32:18	Halstead Road Runners	01:31:42	483
488	Lee	David	Male	MSV	748	01:32:20		01:32:06	490
489	Hellen	Richard	Male	MO	361	01:32:23		01:32:03	489
490	Cottrell	Michael	Male	MSV	97	01:32:24	Billericay Striders	01:31:57	488
491	Sharman	Susan	Female	FSV	204	01:32:31	The Strat Pack	01:32:10	491
492	Collier	Martin	Male	MSV	369	01:32:43		01:32:24	492
493	Bullen	Andrew	Male	MO	653	01:32:54		01:32:27	493
494	Miles	Albert	Male	MSV	492	01:32:55	Castle Point Joggers	01:32:37	494
495	Scourfield	Kathryn	Female	FSV	254	01:33:17	Billericay Striders	01:32:48	496
496	Clark	Ian	Male	MSV	589	01:33:20	Thrift Green Trotters	01:32:55	497
497	Lambert	Jon	Male	MO	571	01:33:24		01:33:01	498

Race		Runner							Club/Team	Chip Time	Chip Pos
Position	Surname	First Name	Gender	Category	Number	Gun Time					
498	Akapio	Whelan	Male	MO	505	01:33:28	Fighting Fit	01:32:47	495		
499	O'Shea	Emiko	Female		346	Disqualified		Disqualified			
500	Bowden	Joanne	Female	FSV	702	01:33:29		01:33:08	501		
501	McCrow	Kathleen	Female	FV	721	01:33:32	Billericay Striders	01:33:03	499		
502	Dixon	Tracey	Female	FO	355	01:33:39	Leigh on Sea Striders	01:33:24	505		
503	Cross	Daniel	Male	MO	372	01:33:40		01:33:22	502		
504	Cross	Anna	Female	FO	371	01:33:40		01:33:23	503		
505	Springett	Mark	Male	MV	767	01:33:48		01:33:32	508		
506	West	Robert	Male	MO	537	01:33:50	Leigh on Sea Striders	01:33:36	510		
507	Jones	Helen	Female	FSV	78	01:33:51		01:33:23	504		
508	Simpson	Louise	Female	FO	12	01:33:57		01:33:25	507		
509	Gardner	Lesley	Female	FV	411	01:34:01	Braintree & District A C	01:33:24	506		
510	Clissold	William	Male	MSV	297	01:34:08		01:33:34	509		
511	Chapman	Belinda	Female	FV	819	01:34:10		01:33:49	513		
512	Marchant	Paul	Male	MO	356	01:34:23		01:33:51	514		
513	Moore	Jonathan	Male	MO	339	01:34:25	Team Lally	01:33:44	512		
514	Donoghue	Ella	Female	FO	114	01:34:27	Leigh on Sea Striders	01:33:43	511		
515	Hall	Alison	Female	FV	697	01:34:29	Leigh on Sea Striders	01:33:58	516		
516	Staunton	Vicky	Female	FV	627	01:34:30	Leigh on Sea Striders	01:33:58	517		
517	Sanders	Laura	Female	FV	626	01:34:30	Leigh on Sea Striders	01:33:58	518		
518	McGreish	Samantha	Female	FV	705	01:34:30	Leigh on Sea Striders	01:33:58	519		
519	Wijayatilake	Lilani	Female	FSV	118	01:34:34	Barking Road Runners	01:34:15	522		
520	York	Melissa	Female	FO	554	01:34:35		01:33:58	520		
521	Brereton	Jane	Female	FV	334	01:34:37		01:33:55	515		
522	Wright	Bob	Male	MV	768	01:34:38		01:34:22	525		
523	Marlow	Sarha	Female	FO	771	01:34:50		01:34:16	524		
524	Gold	Lorraine	Female	FSV	19	01:34:50	Witham R C	01:34:15	523		
525	Green	Terry	Male	MSV	770	01:34:51		01:34:14	521		
526	Rayman	Alison	Female	FO	447	01:34:53		01:34:23	526		
527	Allen	Jennifer	Female	FO	82	01:35:16		01:34:41	527		
528	Courtier	Robert	Male	MSV	306	01:35:22	Barking Road Runners	01:34:56	528		
529	Coulter	Dawn	Female	FSV	141	01:35:24		01:35:18	535		
530	Smith	Mark	Male	MO	786	01:35:29		01:35:18	536		
531	Withrington	Ann	Female	FSV	42	01:35:31		01:35:00	530		
532	Cranmer	Nikki	Female	FV	649	01:35:32	Barking Road Runners	01:35:06	532		
533	Dickman	Joanne	Female	FV	324	01:35:36	Tiptree Road Runners	01:34:58	529		
534	Pemberton	Donna	Female	FSV	634	01:35:38	The Running Sisterhood	01:35:18	537		
535	Perrett	Linda	Female	FSV	291	01:35:38	The Running Sisterhood	01:35:18	538		
536	Anderson	Charlotte	Female	FO	750	01:35:40		01:35:09	533		
537	Grimes	Ian	Male	MSV	615	01:35:47		01:35:17	534		
538	Austin	Carl	Male	MSV	101	01:35:48		01:35:00	531		
539	Saville	Ian	Male	MV	519	01:35:48		01:35:21	540		
540	Smalley	Wendy	Female	FSV	586	01:35:58	Tiptree Road Runners	01:35:19	539		
541	Ball	Michelle	Female	FSV	755	01:36:01	Thrift Green Trotters	01:35:41	547		
542	Brown	Joanna	Female	FO	86	01:36:01		01:35:23	541		
543	Meier	Stephen	Male	MO	181	01:36:02		01:35:30	542		
544	Chapman	Bob	Male	MSV	794	01:36:04	Benfleet Running Club	01:35:39	546		
545	Pepper	Christina	Female	FV	87	01:36:06		01:35:38	544		
546	Jemson	Cheryl Donna	Female	FO	315	01:36:10		01:35:49	552		
547	Smart	Lesley	Female	FV	439	01:36:13	Billericay Striders	01:35:44	548		
548	Gumble	Rosa	Female	FV	83	01:36:17		01:35:46	550		
549	Groves	Vicki	Female	FV	413	01:36:19	Barking Road Runners	01:35:53	554		
550	Burton	Christopher	Male	MO	259	01:36:20	Springfield Striders	01:35:47	551		
551	Layley	Jennifer	Female	FV	310	01:36:20	Team Lally	01:35:38	545		
552	Layley	Iain	Male	MO	309	01:36:21	Team Lally	01:35:37	543		
553	Shelley	Lisa	Female	FV	92	01:36:23		01:35:45	549		
554	Brown	Andy	Male	MO	96	01:36:29		01:35:49	553		
555	Maslen	Nicola	Female	FV	528	01:36:30	Phoenix Striders	01:36:01	557		
556	Bate	Ytracey	Female	FV	608	01:36:36		01:35:58	556		
557	Fowkes	Samuel	Male	MSV	498	01:36:41		01:35:55	555		
558	Brown	Charles	Male	MV	256	01:36:43		01:36:10	559		
559	Crudgington	Hiedi	Female	FV	1	01:36:46	Leigh on Sea Striders	01:36:24	565		
560	Brinzer	Amimee	Female	FSV	804	01:36:46		01:36:21	563		
561	Bartram	Alison	Female	FSV	404	01:36:51		01:36:24	566		
562	Price	Karen	Female	FV	13	01:36:51	Leigh on Sea Striders	01:36:30	568		
563	Headdon	Andrew	Male	MV	777	01:36:53		01:36:19	561		
564	Davies	Gareth	Male	MV	778	01:36:53		01:36:20	562		
565	Matthews	Jonathan	Male	MO	267	01:36:57	Tiptree Road Runners	01:36:18	560		
566	Walker	Nick	Male	MSV	580	01:36:59		01:36:23	564		
567	Barker	Katie	Female	FO	456	01:37:07		01:36:28	567		
568	Crouch	Jim	Male	MV	304	01:37:13	Smile PTA	01:36:45	569		

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
569	Austin	Mark	Male	MSV	220	01:37:19	The Strat Pack	01:36:47	570
570	Spurgeon	Paul	Male	MV	455	01:37:29	Fetch Everyone R C	01:37:19	573
571	Richer	Simon	Male	MV	637	01:37:34		01:37:04	571
572	Stanton	Sandra	Female	FSV	703	01:37:37	Springfield Striders	01:37:29	579
573	Spooner	Paul	Male	MSV	798	01:37:41		01:37:19	574
574	Smith	Mike	Male	MSV	752	01:37:41		01:37:08	572
575	Moss	Richard	Male	MO	133	01:37:48		01:37:20	575
576	Norton	Tom	Male	MO	38	01:37:55		01:37:24	577
577	Page	Emma	Female	FO	39	01:37:55		01:37:25	578
578	Scott	Steven	Male	MV	312	01:38:00		01:37:43	580
579	Speed	Stefanie	Female	FO	825	01:38:05		01:37:23	576
580	Grover	Jane	Female	FSV	195	01:38:18	Benfleet Running Club	01:37:47	581
581	Goldsmith	Gary	Male	MSV	810	01:38:23		01:37:52	583
582	Potter	Dawn	Female	FV	711	01:38:25	Springfield Striders	01:38:16	586
583	Rivers	Lynn	Female	FSV	213	01:38:25	Leigh on Sea Striders	01:37:51	582
584	Greenhalgh	Andrew	Male	MSV	556	01:38:35	Springfield Striders	01:36:08	558
585	Mercer	Thelma	Female	FSV	207	01:38:39		01:38:05	584
586	Ockendon	Paula	Female	FV	434	01:38:40		01:38:12	585
587	Lempriere	Michelle	Female	FV	287	01:38:47		01:38:41	588
588	Goodwin	Phil	Male	MSV	599	01:38:57	Springfield Striders	01:38:33	587
589	Edwards	Emma	Female	FO	166	01:39:11		01:39:06	591
590	Blyth	Kirstie	Female	FV	44	01:39:25		01:38:54	589
591	Drain	Laura	Female	FO	362	01:39:33	Edmund Carr	01:39:13	593
592	Mills	Kevin	Male	MSV	610	01:39:39		01:38:58	590
593	Girling	Jason	Male	MO	262	01:39:41	The Blue Falcons	01:39:14	594
594	Blaber	Edward	Male	MO	264	01:39:41	The Blue Falcons	01:39:15	595
595	Costin	Helen	Female	FV	433	01:39:44		01:39:30	597
596	Dadson	Helen	Female	FO	486	01:39:46		01:39:09	592
597	Taylor	Philip	Male	MSV	668	01:39:50		01:39:18	596
598	Richards	Clive	Male	MSV	391	01:40:01		01:39:36	601
599	Collin	Ruth	Female	FV	318	01:40:06		01:39:34	600
600	Sonnex	Sharon	Female	FV	389	01:40:11		01:39:44	602
601	Cable	David	Male	MO	651	01:40:21		01:39:51	604
602	Wisken	Hayley	Female	FO	643	01:40:24		01:39:59	606
603	Cook	Tom	Male	MO	338	01:40:24		01:39:50	603
604	Wisken	Michael	Male	MO	644	01:40:25		01:40:01	607
605	Skinner	Mark	Male	MV	532	01:40:26		01:39:31	598
606	Scott-Evans	Andy	Male	MO	587	01:40:26		01:39:31	599
607	Williams	Lynne	Female	FSV	678	01:40:34	Witham R C	01:39:57	605
608	Wacket	Wilma	Female	FO	669	01:40:34		01:40:14	610
609	Ball	Michael William	Male	MSV	460	01:40:35	Barking Road Runners	01:40:08	608
610	Cardwell	Emma	Female	FO	529	01:40:39	Phoenix Striders	01:40:11	609
611	Rourke	Jim	Male	MV	683	01:41:10	Billericay Striders	01:40:40	612
612	Hooton	Nigel	Male	MV	616	01:41:13		01:40:43	613
613	Baldwin	Ruth	Female	FO	226	01:41:15		01:40:31	611
614	Knight	Robert	Male	MV	557	01:41:22		01:40:44	614
615	Drake	Ben	Male	MV	817	01:41:25		01:40:50	615
616	O'Donnell	Amy	Female	FO	388	01:41:25		01:41:15	619
617	Bowyer	Ian	Male	MO	279	01:41:30		01:41:04	617
618	McVelia	John	Male	MV	476	01:41:31	Tiptree Road Runners	01:40:53	616
619	Nelson	Lindsay	Female	FO	283	01:41:45	Benfleet Running Club	01:41:09	618
620	Newsome	David	Male	MV	398	01:41:47		01:41:22	620
621	Kirsh	Neil	Male	MV	277	01:42:01	EETC	01:41:44	624
622	Burnell	Iona	Female	FV	275	01:42:05		01:41:38	622
623	McGinley	Enda	Male	MV	742	01:42:09		01:41:33	621
624	Copping	Tauya	Female	FO	830	01:42:15		01:41:42	623
625	Manning	Kerry	Female	FSV	581	01:42:21	Witham R C	01:41:46	625
626	Noble	Jane	Female	FV	93	01:42:28	Witham R C	01:41:51	626
627	Martin	Steve	Male	MV	550	01:42:37		01:42:07	631
628	Duley	Susan	Female	FV	534	01:42:40	BRJ Road Runners	01:42:00	627
629	Wicks	Tom	Male	MO	666	01:42:41		01:42:02	628
630	Norton	Sarah	Female	FV	386	01:42:44	Benfleet Running Club	01:42:05	629
631	MacMillan	Robert	Male	MO	732	01:42:45	Benfleet Running Club	01:42:05	630
632	Brewster	Heather	Female	FSV	155	01:42:45		01:42:08	632
633	Cotterill	Dawn	Female	FV	725	01:42:56	Running Sisterhood	01:42:18	633
634	Gille	Helen	Female	FV	654	01:42:56		01:42:18	634
635	Black	Kelly	Female	FO	72	01:43:00		01:42:28	635
636	Summers	Jennifer	Female	FO	71	01:43:04		01:42:32	636
637	Mason	Raymond	Female	FSV	639	01:43:16		01:42:36	637
638	Mason	Moira	Female	FSV	638	01:43:17		01:42:36	638
639	Gobby	Jaunita	Female	FV	432	01:43:25	Springfield Striders	01:42:51	639

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
640	Craven	Marianne	Female	FV	524	01:43:25	Springfield Striders	01:42:51	640
641	McPhillips	Ellen	Female	FSV	237	01:43:31	Leigh on Sea Striders	01:42:57	642
642	Boyden	Mark	Male	MV	326	01:43:32		01:43:00	643
643	Charlton	Steven	Male	MO	90	01:43:35		01:42:54	641
644	Bond	Mark	Male	MO	251	01:43:42	Ultimate Warriors	01:43:28	646
645	Tongue	Jacqueline	Female	FV	307	01:43:54		01:43:11	644
646	Horner	Stephanie	Female	FV	245	01:44:05		01:43:22	645
647	Dane	Nicole	Female	FSV	816	01:44:12		01:43:38	648
648	Miller	Mandy	Female	FSV	743	01:44:12		01:43:37	647
649	Scott	Rachel	Female	FO	593	01:44:15		01:43:46	649
650	Dowman	Sadie	Female	FO	592	01:44:15		01:43:46	650
651	Barker	Richard	Male	MSV	175	01:44:23	Springfield Striders	01:43:55	651
652	Barker	Gail	Female	FSV	176	01:44:24	Springfield Striders	01:43:56	652
653	George	Robert	Male	MSV	40	01:44:49	Bob's Runners	01:44:19	653
654	Homer	Laura	Female	FV	303	01:44:49		01:44:25	656
655	Gordon	Gina	Female	FV	301	01:45:00		01:44:30	657
656	Hacker Hughes	Jamie	Male	MSV	192	01:45:07	IMMHRC	01:44:20	654
657	Gittos	Ken	Male	MSV	320	01:45:08		01:44:24	655
658	Starling	Tina	Female	FSV	665	01:45:10	Galley Tri & Run CLACTON-ON-SE	01:44:31	658
659	Denby	Tracey	Female	FSV	582	01:45:28	Witham R C	01:44:53	660
660	Ackrell	Kirsty	Female	FO	253	01:45:29		01:44:49	659
661	Barley	Allan	Male	MSV	999	01:45:42	Essex Police A.C.	01:44:57	661
662	Goldsmith	Jack	Male	MO	811	01:45:49		01:45:19	662
663	Mowatt	Sasha	Female	FO	350	01:46:00	Barking Road Runners	01:45:41	664
664	King	Sue	Female	FSV	333	01:46:07	Unique Results	01:45:32	663
665	Buckley	Julie	Female	FSV	422	01:46:23	Thrift Green Trotters	01:45:47	665
666	Cartwright	Gordon	Male	MV	198	01:46:37	Witham R C	01:46:00	666
667	Cowley	Lorraine	Female	FV	462	01:46:43		01:46:14	668
668	Parkinson	Sally	Female	FV	244	01:46:44	Fun With Fitness	01:46:01	667
669	Catterall	Alan	Male	MO	321	01:47:03		01:46:19	669
670	D'Silva	Eddie	Male	MSV	46	01:47:21		01:46:46	670
671	Montgomery	Theresa	Female	FSV	229	01:47:29	Witham R C	01:46:52	671
672	Blyth	Steven	Male	MV	43	01:47:43		01:47:12	672
673	Salmon	Catherine	Female	FV	64	01:47:55		01:47:40	674
674	Eldred	Abigail	Female	FV	366	01:48:12		01:47:33	673
675	Grover	Marianne	Female	FSV	549	01:48:29		01:48:06	676
676	Sutherland	Christine	Female	FSV	699	01:48:32	Havering 90 Joggers	01:47:57	675
677	Crouchman	James	Male	MV	217	01:49:11		01:48:34	677
678	Denyer	Sophie	Female	FO	471	01:49:16		01:48:35	678
679	Beer	Simon	Male	MO	484	01:49:47		01:49:18	679
680	Nice	Danny	Male	MO	485	01:49:48		01:49:19	680
681	Bent	Chris	Male	MSV	715	01:50:18	Pitsea R C	01:49:32	681
682	French	Catherine	Male	MO	379	01:50:33	Springfield Striders	01:49:53	682
683	Pazi	Emma	Female	FSV	709	01:50:42	Barking Road Runners	01:50:08	683
684	Hodgson	Carl	Male	MV	293	01:50:53	Bob's Runners	01:50:38	687
685	Smith	Lynne	Female	FSV	751	01:50:58		01:50:24	684
686	Payne	Kim	Female	FV	139	01:51:04		01:50:32	685
687	Meadows	Sally	Female	FV	140	01:51:04		01:50:32	686
688	Pemberton	Sherrie	Female	FSV	635	01:51:11	The Running Sisterhood	01:50:51	691
689	Drain	Michael	Male	MO	363	01:51:11	Edmund Carr	01:50:50	690
690	Cross	Len	Male	MV	124	01:51:12		01:50:45	689
691	Cross	Carol	Female	FV	125	01:51:12		01:50:44	688
692	Burgess	Jes	Male	MO	223	01:51:15		01:51:06	692
693	Burgess	Paul	Male	MO	222	01:51:15		01:51:06	693
694	Hawkins	Claire	Female	FV	47	01:51:54		01:51:18	694
695	Panesar	Bishan	Male	MO	708	01:52:11		01:52:09	699
696	Marchant	Frances	Female		393	Disqualified		Disqualified	
697	O'Connell	Teresa	Female	FV	680	01:52:28		01:51:46	696
698	Cook	Alexander	Male	MSV	776	01:52:33		01:52:05	698
699	Birri	Becky	Female	FV	681	01:52:37		01:51:55	697
700	Clark	Lynn	Female	FSV	248	01:53:10	Thrift Green Trotters	01:52:35	700
701	Blois	Lucy	Female	FO	646	01:53:13		01:52:48	702
702	Richards	Joanne	Female	FV	219	01:53:20		01:52:42	701
703	Mills	Debbie	Female	FSV	611	01:54:11		01:53:30	703
704	Clark	Sally	Female	FSV	588	01:54:20	Thrift Green Trotters	01:53:55	705
705	Grice	Clayre	Female	FO	238	01:54:31		01:53:49	704
706	Drake	Heather	Female	FSV	165	01:54:45	Thrift Green Trotters	01:54:10	706
707	Ash	Richard	Male	MV	412	01:54:57	Barking Road Runners	01:54:32	707
708	Waud	Sarah	Female	FO	540	01:55:26		01:54:44	708
709	Waud	Thomas	Male	MO	539	01:55:26		01:54:44	709
710	Barker	Stephanie	Female	FO	58	01:56:37		01:56:00	710

Race		Runner							
Position	Surname	First Name	Gender	Category	Number	Gun Time	Club/Team	Chip Time	Chip Pos
711	Cordell	Robert	Male	MSV	31	01:57:13		01:56:43	711
712	Hasting	Brian	Male	MSV	517	01:58:01	Halstead Road Runners	01:57:25	712
713	Franklin	Gordon	Male	MSV	568	01:59:50		01:59:07	713
714	Tsouroulla	Lisa	Female	FV	214	02:00:31		02:00:07	714
715	Couling-Austin	Melanie	Female	FSV	100	02:03:58		02:03:10	715
716	Cridland	Richard	Male	MO	437	02:04:10		02:03:27	716
717	Cridland	Helen	Female	FO	436	02:04:10		02:03:27	717
718	Jochim	Sue	Female	FV	45	02:09:12	Kids Inspire	02:08:37	718